

4-H Alberta Exchange Project



Leaders' and Members' Project Outline



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Project Outline

What is the 4-H Alberta Exchange Project?

This project consists of three-units which will take three or more years to complete. During the first year in

Unit 1 "Hosting", a member hosts a visitor from another province, state or country. The member prepares by corresponding with the visitor, learning about the visitor's home area history, geography, customs and language (if different from the member's). The record book details the preparations made, the time and any costs involved.

Achievement Day requirements are an oral presentation and a display of the preparations made. Pictures taken during the exchange are put in an album and provide an excellent gift for the visitor's family, and a display item for next year.

Unit I can be repeated another year with a different visitor if the member is not able to travel. The cost involved in hosting is minimal. For traveling, however, the costs are paid by the members and any sponsors he or she can arrange.

A member can take **Unit 2 "Traveling"** when they are getting ready to travel on an exchange. Preparations include corresponding with the host, learning some history, geography, and customs of the member's home area, studying the host's language if possible and making a picture album of the trip. The record book details the preparations, time and costs. An oral presentation and display of preparations is required for Achievement Day.

In **Unit 3 "Reporting Back"**, a member prepares presentations and displays on the exchange at club, district and/or regional meetings or events; at school or sponsors' meetings; and sends a report to the provincial 4-H magazine. As well, he or she will help the regional 4-H exchange coordinator at an orientation meeting of new families involved in an exchange; complete an evaluation of their experiences; and, if possible, help with the arrival and departure of another group of exchange students. A record book of activities, time and costs and an Achievement Day report on the activities will complete the project. Videos on exchanges are available for presentations.

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Project Outline continued

What are the requirements to join?

To become involved in the 4-H Alberta Exchange Project, members must join or belong to an established 4-H club. The leader must be aware of the member's intentions.

Participants should be 12 years old for three to four week exchanges. Members exchanging both ways in one year can combine Units 1 and 2.

When does it start?

Exchanges usually take place during July or August, so members should register in the fall for plenty of preparation time. Applications to host include getting reference letters and pictures. Traveling to another country may require a medical, passport, references, essay and picture.

Applications to host or travel must be approved before the project can be taken.

What characteristics do you need for exchanges?

Members must be polite, open-minded, accepting of cultural differences, fun-loving, with a good sense of humor and a willingness to try new things. If this describes you, why not give it a try?

Want more details?

Call your regional 4-H Exchange Coordinator, Regional 4-H Specialist or the 4-H Specialist, Programs as listed in the provincial 4-H magazine or ask your 4-H leader to find out more!

To apply, complete the application form on pages 3 and 4 and discuss it with your club leader.