

## 4-H ALBERTA FAMILY ORIENTATION

# Welcome To The Club

Welcome to 4-H Alberta,  
a great place for you and  
your family to grow and  
learn together!

### What is 4-H?

4-H Alberta is a youth leadership development organization. With unique projects, club activities and beyond the club opportunities, 4-H is a proven leader in:

- Building Effective Youth Leaders
- Training Successful Speakers & Communicators
- Teaching Technical, Project & Life Skills
- Bringing Families & Communities Together
- Creating Future Opportunities For Youth

Youth are in the driver's seat with the ability to create their own path to discovery, fun and friendship in 4-H. Through the unique 4-H Alberta experience and opportunities – members will build the confidence and skills to take on their role as the leaders of today, and tomorrow.

### The 4-H Family

These days the family schedule can be a hectic one, forcing family members to see less and less of one another. Belonging to 4-H can change that. Being part of 4-H means that your family will have plenty of opportunities to play, work and learn together.

When youth and adults work together, shared learning and the joint achievement of a common goal helps to create strong, healthy bonds. By learning alongside adults, 4-Hers become connected within their families and communities and gain a perspective that they otherwise wouldn't have.

Adults can help make the 4-H year a success simply by supporting their own member(s)' project work and preparation for club activities at home. Adults can also support other members in the club setting or leaders with club activities such as the Communications Activity, the Achievement Activity, the Community Service Activity or committee work. Lending a helping hand can range from baking cookies for snack time to taking on the role of a leader. It's up to you!

We know your family is busy, so thank-you for doing your bit to support and encourage your 4-H member(s), leaders and club.

# We hope you have a great year!

# Quick 4-H Facts

## 4-H Canada Logo

This is 4-H Canada's official logo that 4-H Alberta uses with pride.



## 4-H Alberta Mascot: *Cleaver the Beaver*

Cleaver the Beaver is 4-H Alberta's official mascot!



## 4-H Motto

"Learn To Do By Doing"

## 4-H Pledge

The 4-H Pledge is recited at the beginning of most 4-H functions and has accompanying gestures. The pledge goes as follows:

I pledge,  
My head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service,  
And my health to better living,  
For my club, my community, and my country.

## 4-H Grace

The 4-H Grace may be recited or sung at a 4-H function where food is served. It is sung to the tune of "Auld Lang Syne" and goes as follows:

We thank the Lord for blessings great,  
On this our own fair land.  
Teach us to serve thee joyfully,  
With heard, heart, health and hands.

## Being a 4-H Member & Completing a 4-H Year Means...

- 1 Attending **70% of Club Activities**
- 2 Participating in a **Communications Activity**
- 3 Participating in the club's **Community Service Activity**
- 4 Completing a **Project Record Book** for each project completed
- 5 Participating in the club's project **Achievement Activity**

# Welcome To The Club

## CLUB OPERATIONS

### Club Types & Finding the Right Fit

While some clubs focus on one project, multi-clubs have all sorts of project opportunities. Some clubs are very project-oriented, others put more emphasis on club activities. There are lots of different club-types with varying time-commitments, so make sure you choose the right fit and club for you!

### What Makes Effective Clubs?

Communication between the club and family is essential and can be enhanced through building and distributing a Program Plan, Constitution/By-Laws and a Budget.

#### Program Plan

This outlines the goals, activities and meetings of the club and project groups. Names, places, dates, responsibilities and what to bring should also be included. Program plans help clubs to ensure a balanced program, shared responsibilities, time to prepare and effective communication. Social events should also be included. The idea is to get input from members, so go ahead and tell your club what you think. This is a great time to find out what constitutes the 70% of club activities members must attend to complete their club year.

#### Budget

This is a plan for how the club will get and spend money. Income will come from club fees, fundraising or sponsorship. 4-H clubs should be self-sustaining and base their budget on their not-for-profit status.

#### Constitution/By-Laws

The constitution defines your club and how it operates, with by-laws acting as operating rules. Each document should be reviewed at the beginning of every year and distributed to each family, so that families have a clear understanding of the club's expectations. The constitution and by-laws must comply with the 4-H Alberta Provincial Policies & Procedures.

### Club Meetings

Starting with the organizational meeting, 4-H members make the decisions and set the direction for the year under the guidance of the club leaders. Every club must hold at least six club meetings per year. These business meetings may be held separately or in conjunction with another club activity.



**For everything you need to know about Club Meetings, visit [www.4h.ab.ca/](http://www.4h.ab.ca/) downloads and check out the interactive eLearning tool "Great Meetings, Great Clubs" available in the Online Resources section.**



**It can take 1-2 hours to work through a Club Meeting.**

### Meeting Etiquette

Everyone has a role to play when it comes to effective meetings:

- Arrive on time, put away distractions like your cell phone, prepare ahead by reading the agenda, be ready to pay attention and stay for the entire meeting.
- Respect the chairperson by not speaking unless recognized by them after raising your hand. When called on to speak, keep comments brief and to the point.
- Club members are there to run and participate in the meeting, work through the agenda items and to vote independently of each other when making club decisions. They should get involved and keep their parents informed.
- Parents are there to listen, support members' decisions, provide insight on calendar dates and provide support to committees if they volunteer to do so.
- Leaders are there to assist the executive and act as advisors if there are questions from the members.

## Parliamentary Procedure

Is used to conduct business with speed and efficiency while protecting the rights of each individual and preserving the spirit of harmony and working together. This simple principle helps 4-H clubs during their meetings.

### Have Fun!

Effective club meetings strike a balance between getting through club business, learning and having fun. Meetings that balance aspects of business, learning, social and recreational activities keep everyone alert and attentive.

### Club Executive & Committees

Members form the executive and committees that help run a 4-H club.



**See Club Executive and Club Committee inserts for more information.**

## Communications Activity

Communicating with confidence is one of the most valuable and marketable skills gained through 4-H involvement. The ability to speak with and in front of others with ease is something that past and present 4-H members attribute to their 4-H communication experience.

### Basics

Each 4-H member must do one Communications Activity per club. It should be prepared by the member, presented to a 4-H group and at least three minutes in length.

### Options

Most members choose to deliver a speech or presentation at the club competition, with the potential to move on to the district, regional or even provincial competitions. Check with your club to determine what constitutes a Communication Activity and when it must be completed. Remember that practice makes perfect and to check with your district or region for training opportunities!



**For more information, guidelines and some fun activities to help with your Communications Activity, check out the interactive eLearning tool “From Paper to Podium” available on [www.4h.ab.ca./](http://www.4h.ab.ca/) downloads**

## Community Service Activity

Community service creates a greater appreciation of the people and organizations that make a community work. 4-H Alberta counts on the support of others and in turn, clubs and families are asked to give back. Ideas for community service activities where members can volunteer their time and energy for the benefit of the community are welcome. To qualify as community service, the activity can't be of financial benefit to the club, unless all funds raised are donated to a charitable cause.



**Your club will participate in at least one Community Service Activity that may require a few hours to a day of your time.**

## Fundraising

Fundraising is conducted for the specific purpose of raising money for the club's use. There should be a purpose and plan for the money raised before everyone pitches in to do their part.



**The amount of time your club's fundraiser will take depends on the target set and how the club is planning on reaching that target.**

## 4-H Diary

The 4-H Diary is a short fillable document for a member to record their participation and involvement within 4-H and their community each club year. A club leader will check club members' completed diaries each club year. It has the following benefits:

- Based on points accumulated by filling out your 4-H Diary, the Awards of Excellence recognize members with Bronze, Silver, Gold and Platinum medallions.
- The 4-H Diary acts as a written reflection of a member's growth and development. It is useful for filling out 4-H Alberta's Scholarship Application or building a resume and cover letter.
- 4-H Diary points assist in determining which members will represent 4-H Alberta on various travel opportunities and receive awards given at 4-H Alberta's Provincial Selections program.



Place Important Club Information, Club Executive, and Club Committees inserts behind this divider.

# Welcome To The Club

## IMPORTANT CLUB INFORMATION

### Club Information

Club Name: \_\_\_\_\_

Club Website/Facebook Page/Google Calendar Address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

General Leader Name: \_\_\_\_\_

Phone #(s): \_\_\_\_\_

Email: \_\_\_\_\_

Mentor Family: \_\_\_\_\_

Phone #(s): \_\_\_\_\_

Email: \_\_\_\_\_

### Dress

No matter what the 4-H occasion, 4-H Alberta asks members, families and leaders to refrain from wearing clothes that may be found to be offensive or suggestive to others. Please ask your club what the dress expectations are for club activities listed on the Program Plan or if there is a club uniform to be worn for certain activities.

Club Uniform: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Club Fees & Insurance

Club fees support club operations, a portion of or all project expenses, 4-H Alberta insurance costs, training and programming at the club, district and regional levels. The '4-H Alberta member fee' is used towards the continued enhancement and development of provincial programming and project materials and resources, Alberta 4-H Centre operations, risk management (e.g. insurance), and administration, promotion and communication.

#### General Fee

\$ \_\_\_\_\_ (Club Fee) +

\$ \_\_\_\_\_ (4-H Alberta Member Fee) =

\$ \_\_\_\_\_ (General Fee)

Other Anticipated Costs (club uniform, social events, trips, etc.): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



**For more information on project-specific fees and insurance, check out the Project Basics Tab.**

### Community Service Activity

What Our Club Does: \_\_\_\_\_

\_\_\_\_\_

Families Are Expected To: \_\_\_\_\_

\_\_\_\_\_

# Welcome To The Club

## CLUB EXECUTIVE

**A**n election of officers is held after a call for nominations occurs. Members' names should be put forward and voted on for their understanding and suitability to the position. Once the club executive is in place, each officer must fulfill their position's responsibilities and work with their fellow members to carry out meetings. Below is a list of the major responsibilities of each executive position, other responsibilities may be unique to the club.

### **Club Executive Roles & Responsibilities**

#### **President**

- Prepare the agenda with the other officers and chair the club meetings
- Have an understanding of Parliamentary Procedure, club by-laws and constitution and other officers' roles
- Provide leadership to other officers and members and be a spokesperson for the club
- Help with the Program Plan and Budget

#### **Vice President**

- In the President's absence, chair the club meetings
- Have an understanding of Parliamentary Procedure, club by-laws, constitution and other officer's roles

#### **Secretary**

- Give notice of meetings
- Keep record of attendance and meeting minutes, and read minutes of previous meeting
- Handle club correspondence

#### **Treasurer**

- Propose club budget, developed in conjunction with leaders and fellow officers
- Keep accurate and up-to-date record of club finances
- Co-sign cheques, deposit income plus pay bills, issue and keep receipts
- Provide financial reports for each meeting and review at the end of the year

#### **Parliamentarian**

- Understand and provide direction to the President, and the rest of the club on proper Parliamentary Procedure
- Review the club's constitution yearly, and provide recommendations for amendments

#### **Historian**

- Keep a written/pictorial record of club activities and make available to all members

#### **Reporter**

- Write articles for the local paper or the 4-H Alberta Magazine
- Maintain club's website or social media page
- Assist with advertisements or thank-you notices in local papers or on local radio stations

#### **District Council Representative**

- Represent the views of the club, and help make decisions about activities at the District Council
- Report at club meetings on council meetings and activities

# The Club Executive is:

President: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Vice-President: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Secretary: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Treasurer: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parliamentarian: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Historian: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Reporter: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

District Council Rep(s): \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Other: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Other: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

# Welcome To The Club

# CLUB COMMITTEES

Committees are appointed to deal with a specific task or problem that is better dealt with by a small group, rather than a large group or individual. Committees are made up of members and leaders, and are usually elected or appointed at the start of each year. Most clubs have the expectation that all members participate in at least one committee.

There are typically two types of committees in 4-H clubs:

- 1. Standing Committees are quite permanent in nature and have the same task each year, such as the social committee.
- 2. Ad Hoc Committees are formed on a temporary basis to perform a specific task such as choosing a club uniform.

### Committees In My Club Are:

Committee: \_\_\_\_\_

Committee Members: \_\_\_\_\_

\*Be sure to indicate who is Chair of each committee.

# Welcome To The Club

## PROJECT BASICS

### Choosing A Project



**To see a complete listing of 4-H projects in Alberta, check under What is 4-H?, [www.4h.ab.ca/projects](http://www.4h.ab.ca/projects).**

4-H projects give members the opportunity to explore an area of interest through goal setting, hands-on activities, learning opportunities, evaluation and record keeping. With more than 30 projects to choose from, selecting a project can be tough! To help choose, ponder the following:

- What are the members' interests, abilities, resources and how much of their spare time are they willing to invest in the project?
- Is there something the member wants to become more skilled in?
- Do any of the projects fit with a school or career aspiration, or complement an activity the member is currently involved in?
- Does the project seem like something the family would be interested in, and willing to help out with?
- Is there a leader or adult volunteer available to lead the project?

If none of the projects seem like a perfect fit, members can make their own Creative Option Project with the support of a new or existing Project Leader and the club.

### Safety First!



Safety should always be a consideration for club activities, but some projects have equipment that is required for safety reasons. For example, helmets are required for all 4-H equine project members. Another example would be that for welding projects, protective eyewear and gloves should be worn. Check with the Project Leader to find out what is needed to stay safe while working on the chosen 4-H project.

### Project Fees & Insurance

There may be fees associated with specific projects that may be included or are in addition to project-related costs covered in the general club fee. For the Foods or Crafts projects for example, members may pay a fee that covers the cost of supplies. For the Equine project, fees may be collected for the rental of the arena for project lessons.

For 4-H projects that involve animals, it may be worth considering purchasing insurance if:

- Money has been borrowed to purchase the project animal;
- The project animal is being leased by the member;
- Damage or death of a project animal is a possibility.

Although purchasing insurance is not a requirement, some clubs purchase or provide insurance on behalf of the members. Other clubs ask that members and their families arrange and purchase their own. Talk with your Club Leader about insurance policies available through 4-H Alberta.



**For more information on insurance and staying safe with 4-H Alberta, visit [http://www.4h.ab.ca/downloads/club\\_resources/LivestockInsurance.html](http://www.4h.ab.ca/downloads/club_resources/LivestockInsurance.html)**

### Project Meetings



**Talk to your Project Leader to find out the typical duration of project meetings.**

Project meetings may be part of a club meeting or held separately to tackle project work, receive project-specific updates or plan/participate in project learning opportunities. Project meetings are typically led by the Project Leader(s).

## Project Work



**Time spent working on your project depends on the nature of it. While animal or livestock projects require attention every day, other projects still require time and effort to varying degrees.**

Members must do at least one project per year, working individually and with a Project Leader with safety being top priority. Members “Learn To Do By Doing” with their project and are strongly encouraged to individually complete the work. Parents and leaders should help by explaining first, demonstrating if appropriate and then letting the members complete the task themselves.

## Project Learning Opportunities

Project learning opportunities are designed to support the work members do with their project, so members should take full advantage of them!

### Club Level

Within the club, there may be project-related lessons, tours, clinics or training opportunities with invited speakers offered to increase project-related knowledge.

### Beyond The Club

Project learning opportunities may also be offered at the district, regional and provincial levels of 4-H Alberta. There are a variety of unique opportunities to participate in learning days, workshops, sessions, clinics, record book competitions, programs and shows to further project-related knowledge. Check out your club’s Program Plan plus the online regional and provincial calendars at [www.4h.ab.ca](http://www.4h.ab.ca) to see what opportunities await!



**Be sure to check out the Programs tab to see what other opportunities await with 4-H!**

## Project Guides & Record Book

### Project Guides

Once a member has been registered with 4-H, club leaders may order Project Guides that will help members complete their project with information and activities that promote learning and progression throughout the project.

### Project Record Book

Along with the Project Guide, members will receive a Project Record Book. Completing a record book for each project is a member requirement. Record Books vary with the project, but have three basic parts:

- Space for information about members and their club
- Space for information about the member’s project
- Space for reflecting on the member’s year in 4-H

Record keeping is a great skill to develop, so it is important that members fill out their record books themselves. One of the essentials of good record keeping is recording things on a regular basis. Be sure to ask how often your club checks Project Record Books.

### Achievement Activity

For each project, members must participate in an Achievement Activity. It is a chance for members to share what they have learned and display their projects. It should be a celebratory event that may involve individuals, organizations and the community that supports the members and club throughout the year. Each club has a unique way of showcasing their projects – so find out what your club does and savour the success of a project well done!



Place the My Project Basics insert behind this divider.

# Welcome To The Club

## MY PROJECT BASICS

### My Project

Project Name: \_\_\_\_\_ Project Leader: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

### My Project Meetings

Location: \_\_\_\_\_ Time: \_\_\_\_\_ Date(s): \_\_\_\_\_

### My Project Safety Equipment

I require the following safety equipment for working on my project: \_\_\_\_\_

### My Project Fees & Insurance

Project Fees: \$ \_\_\_\_\_ (if not included in the club fee or if there are additional or separate project-related fees)

Project Insurance Options (if applicable): \_\_\_\_\_

Project Insurance Cost: \$ \_\_\_\_\_

### Project Learning Opportunities

Club Level

Beyond The Club (Regional, District or Provincial Levels)

### Project Record Book

Check with your Project Leader on when record book(s) need to be submitted throughout the year.

### Project Achievement Activity

Achievement Activity: \_\_\_\_\_

Location: \_\_\_\_\_ Date: \_\_\_\_\_

# Welcome To The Club

## MY PROJECT BASICS

### My Project

Project Name: \_\_\_\_\_ Project Leader: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

### My Project Meetings

Location: \_\_\_\_\_ Time: \_\_\_\_\_ Date(s): \_\_\_\_\_

### My Project Safety Equipment

I require the following safety equipment for working on my project: \_\_\_\_\_

### My Project Fees & Insurance

Project Fees: \$ \_\_\_\_\_ (if not included in the club fee or if there are additional or separate project-related fees)

Project Insurance Options (if applicable): \_\_\_\_\_

Project Insurance Cost: \$ \_\_\_\_\_

### Project Learning Opportunities

Club Level

Beyond The Club (Regional, District or Provincial Levels)

### Project Record Book

Check with your Project Leader on when record book(s) need to be submitted throughout the year.

### Project Achievement Activity

Achievement Activity: \_\_\_\_\_

Location: \_\_\_\_\_ Date: \_\_\_\_\_

# Welcome To The Club

# 4 - H A L B E R T A

## 4-H Members

4-H Alberta members must be between the ages of 9-20 as of January 1<sup>st</sup> of the current club year. The 4-H Club Year runs October 1<sup>st</sup> – September 30<sup>th</sup>. The age categories for 4-H in Alberta are: Junior (9-11), Intermediate (12-14) and Senior (15-20). 4-H members need to pay their registration fee and meet five requirements to complete a 4-H club year.

### Being a 4-H Member & Completing a 4-H Year Means...

- 1 Attending **70% of Club Activities**  
Participating in a
- 2 **Communications Activity**  
Participating in the club's
- 3 **Community Service Activity**
- 4 Completing a **Project Record Book** for each project completed
- 5 Participating in the club's project **Achievement Activity**

## 4-H Leaders

Each year, the club membership approves the General, Assistant, Project and other leaders who will work together to guide the members, families and club. Leaders must be 18 years of age and complete Online Leader Screening and Level 1 Leader Training.

## 4-H Clubs, Districts & Regions

### Clubs

Are unique entities which govern themselves within 4-H Alberta Policies & Procedures. Clubs must have at least eight members and one leader registered with 4-H Alberta to qualify as a registered 4-H Club. Registered clubs receive supplies and are covered by 4-H Alberta's insurance. Clubs must:

- Have an executive comprised of members
- Conduct a minimum of six business meetings
- Offer projects as well as Club Achievement, Communications and Community Service opportunities.

### Districts

A geographic area to which clubs belong. Ask your leader if you are unsure to what district your club belongs.

### District Councils

The council may plan events and activities for the benefit and enjoyment of 4-H members and leaders. Each club sends representation to the District Council. The District Council collects fees from clubs to assist with council operations and to cover the cost of insurance coverage.

Additionally, the council selects Key Leaders who assist and provide support for clubs and leaders. Key Members are also selected by District Council and act as a resource to clubs and members in the district.



## Regions

There are seven geographic regions within 4-H Alberta to which all clubs and districts belong: South, Calgary, East Central, West Central, Northwest, Northeast and Peace.

## Regional Councils

The council plans events and activities for the benefit and enjoyment of 4-H members and leaders. Each of the seven Regional Councils is an individual entity, with some being registered societies. Each District Council elects or appoints representation to their Regional Council, who then select/elect representatives to various provincial advisory committees and the 4-H Council of Alberta.

## 4-H Council of Alberta

The 4-H Council of Alberta is a registered society made up of nine elected directors from throughout the province who strive to represent and support the needs expressed by members and leaders. The Council's roles within 4-H Alberta are policy development and implementation, provincial advisory committee

engagement, Online Leader Screening management, Golden Clover Award administration, piloting of special initiatives and management of insurance purchasing, claims and inquires.

## 4-H Section

The 4-H Section is a client-driven branch of the Ministry of Alberta Agriculture and Forestry. The 4-H Section staff deliver the 4-H Alberta program to meet the evolving needs of members, leaders, clubs, councils and committees. The 4-H Section researches, develops and delivers: print, online and multimedia resources, regional and provincial programming, internal and external marketing and communications directives, plus travel, exchange and award opportunities. The 4-H Section manages 4-H Alberta's Online Registration System and website in addition to delivering regional support.

## 4-H Foundation of Alberta

The 4-H Foundation of Alberta is a not for profit organization and registered charity that operates under the direction of a volunteer Board of Directors, with a CEO and staff to seek, receive and administer funds for the ongoing viability of 4-H Alberta. The 4-H Foundation of Alberta is also responsible for the maintenance, operation and enhancement of the Alberta 4-H Centre and the administration and strengthening of 4-H Alberta scholarships and bursaries.

## Sponsors

The Sponsorship and Corporate Partnerships managed by the 4-H Foundation of Alberta have a tremendous impact on 4-H Alberta and its ability to serve the youth and communities of our province. The partnerships made with sponsors allow 4-H Alberta to continue to deliver 4-H with a high degree of excellence and to amplify 4-H Alberta's positive benefits and overall effectiveness from the club to the provincial level of 4-H.

To learn more about 4-H Alberta's Sponsorship and Corporate Partnerships and how you and your club can recognize them, visit [www.4h.ab.ca](http://www.4h.ab.ca) About 4-H tab under Sponsors or email [partners@4hab.com](mailto:partners@4hab.com)

# Welcome To The Club

## BEYOND THE CLUB

### Activities

There is plenty of activity at the club level to keep members and families busy with 4-H. But, every 4-H family should be aware of all that 4-H has to offer beyond the club and take advantage of those opportunities whenever they can. Activities beyond the club can occur at an interclub, district, regional or provincial level.

### District

District Councils provide opportunities for members to develop project and personal skills. They may organize tours, learning days, workshops, shows, clinics or other fun events. These district opportunities vary by district.

### Regional

Regional Councils provide opportunities for members to develop project and personal skills. They may organize summer or winter programs and camps, learning days, workshops, shows, competitions as well as other fun events. These regional opportunities vary by region.

### Provincial

A variety of provincial programs await all 4-H members looking to have fun, make friends and venture down a path of discovery. Check out the Program's Tab to see what program to register for next!



**Check out your club's Program Plan plus the online regional and provincial calendars at [www.4h.ab.ca](http://www.4h.ab.ca) to see what activities beyond the club await!**

### Travel & Exchange

Looking for adventure? Every year 4-H members hit the road, touring across the country, North America, and even over an ocean or two. With travel comes perspective, with perspective comes wisdom and with wisdom comes confidence, introspection and curiosity. All of which are attributes that 4-H aims to grow in our members.

For a complete listing of the travel and exchange opportunities 4-H Alberta has to offer, visit [www.4h.ab.ca/travel\\_exchanges.html](http://www.4h.ab.ca/travel_exchanges.html)

### Awards

4-H Alberta recognizes our members' hard work and achievements through our own award programs. From the Awards of Excellence to the Premier's Award to Ambassadorships to travel and development opportunities – 4-H Alberta's awards are worth the effort!

To learn more about 4-H Alberta awards visit [www.4h.ab.ca/About/awards.html](http://www.4h.ab.ca/About/awards.html)

### Scholarships

4-H members and alumni pursuing post-secondary may be awarded scholarship or bursary dollars to help ease the financial burden associated with working towards furthering their education. By simply completing an online application, members and alumni will be considered for the district, region and provincial scholarships they are eligible for. Members and alumni have the potential to realize up to \$3,000 per year!

To find out more about scholarship, bursaries and grants offered through 4-H Alberta visit [www.4h.ab.ca/About/scholarships.html](http://www.4h.ab.ca/About/scholarships.html)

## Resources

### Key Leaders

These experienced volunteer leaders are a resource selected by your District Council to be a resource for the clubs, leaders and families in their district. Key Leaders may be available to present workshops, answer questions or help to organize a district event.

### Key Members

These senior members have been selected by their District Council to act as a resource for members in the district. Like Key Leaders, they may be able to present workshops, answer questions or help to organize a district event.

### 4-H Regional Specialists

These 4-H Section staff are positioned throughout the province, working with each of the seven regions. Their job is to provide support to and consult with the 4-H members, leaders, families and clubs in their region. Regional Specialists also provide training, coaching and counselling to these parties and are extremely knowledgeable in all things 4-H! Watch for their eBlasts in the email inbox that you provided to 4-H Alberta at the time of Club Registration.

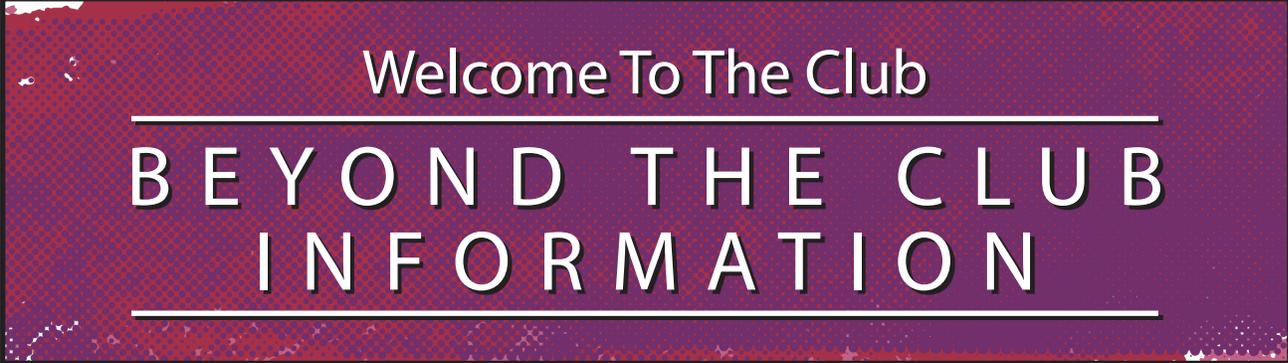
### 4-H Canada

4-H Canada provides some great conferences and exchanges that bring 4-H members from across the entire nation together, in addition to providing scholarships and grants.

Check out [www.4-h-canada.ca](http://www.4-h-canada.ca) to see more details on 4-H opportunities at the national level of 4-H in Canada.



Place Beyond The Club Information, 4-H Alberta's Program Journey Map and Provincial Livestock Project Learning Opportunities inserts behind this divider.



**District Information**

District Name: \_\_\_\_\_

Key Leader: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Key Member: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Other clubs in the District: \_\_\_\_\_

\_\_\_\_\_

Other projects offered in the District: \_\_\_\_\_

\_\_\_\_\_

District events/activities/programs that I would like to attend this year are: \_\_\_\_\_

\_\_\_\_\_

**Region Information**

Region Name: \_\_\_\_\_

Regional 4-H Specialist: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Regional events/activities/programs that I would like to attend this year are: \_\_\_\_\_

\_\_\_\_\_

**Provincial Participation**

Provincial events/activities/programs that I would like to attend this year are: \_\_\_\_\_

\_\_\_\_\_

## Welcome To The Club

# LOOKING FOR MORE INFORMATION?

**L**ooking for more information that relates to you and your family's experience with 4-H Alberta? There are a variety of online and print sources where you can go for answers, or simply to learn about what's new with 4-H Alberta. There are also a number of people who would be happy to answer your questions and provide you with assistance.

### Online

#### 4-H Alberta's website

The official 4-H Alberta website can be found at [www.4h.ab.ca](http://www.4h.ab.ca). Here, your family can access the latest 4-H information such as news and information on the organization, upcoming events, activities and contests throughout the province and in your region, safety and insurance information, contact details, PDF and eLearning resources, the Online Registration System, information on awards, scholarships, travel and exchange – plus much, much more!

#### Facebook – [www.facebook.com/4halberta](http://www.facebook.com/4halberta)



Facebook is an interactive social media tool that 4-H Alberta uses to update and interact with 4-H members, leaders and families. For informative updates, announcements and fun photos, get your family members to “like” 4-H Alberta's page on Facebook.

#### Twitter – [@4halberta](https://twitter.com/@4halberta)



Twitter is a real-time information network that connects you to the latest stories, ideas, opinions and news about what you find interesting. To see what the 4-H Foundation of Alberta is tweeting about in 140 characters or less, follow them on Twitter, [@4HfoundationAB](https://twitter.com/@4HfoundationAB).

### The SCOOP

**4**-H Alberta's newsletter is a monthly online publication that provides provincial and regional news, event information, and important dates to 4-H families. The Scoop, which can be found in your email inbox the first of every month, is a must read to stay up-to-date with all that is happening in province.

### In Print

#### 4-H Alberta Magazine

The 4-H Alberta Magazine will arrive in your email inboxes and family mailboxes twice per year – the Fall/ Winter and Spring/Summer. This magazine is sure to have the family vying over who gets to read it first with all of the amazing stories on what 4-Hers have been up to, and the highlights on what fantastic opportunities are available through 4-H.

To submit a story of your own, email it to [magazine@4h.ab.ca](mailto:magazine@4h.ab.ca), and be sure to include the author's name, a catchy title and pictures!



## **Print Resource Materials**

Each year, your 4-H club will place a Club Supply Order when they register, to obtain items for the members, leader, club and families. While many project, communications, promotional, and club operations resource materials are available online, ask your club leader about getting hard-copies of resources made available for families.

## **In Person**

### **Fellow 4-H Families**

The simplest way to find out the answer to a 4-H club-related question may be just to ask a fellow 4-H family!

Families that have belonged to a club for a year or two most likely had the same questions that you're having when they were new to 4-H. They are more than willing to help your family out.

### **Club Leaders**

These individuals can be a wealth of knowledge when it comes to questions on club operations or project basics.

### **Key Leaders**

If your family has a question that can't be answered within the club, your district's Key Leader is a great next place to go.

### **Key Members**

Key Members are great people to ask about "Beyond The Club" opportunities with 4-H, or anything to do with the member experience.

### **4-H Section**

Check out [www.4h.ab.ca](http://www.4h.ab.ca) for a full staff listing, including Regional Specialists. Email [info@4h.ab.ca](mailto:info@4h.ab.ca) or call 1-780-422-4444 to reach the 4-H Section.

### **4-H Council of Alberta**

Email [council@4hab.com](mailto:council@4hab.com) or call Toll Free 1-877-682-2244 to reach the 4-H Council of Alberta.

### **4-H Foundation of Alberta**

Email [foundation@4hab.com](mailto:foundation@4hab.com) or call Toll Free 1-877-682-2153 to reach the 4-H Foundation of Alberta.