

Club Guidelines

As the 4-H club year continues, communication activities are a genuine concern for our clubs. Alberta Health Services' restrictions make traditional club, district and regional communications activities difficult for our volunteers to deliver. The goal of the following guidelines is to make communications planning easier for Leaders and Members. **These guidelines are for the 2020-21 4-H year.**

There will be no formal District or Regional Communications Competitions hosted this year, as there has been in the past years, due to these unprecedented times. Districts and or Regions are able to support member skill development through a workshop or fun activities not a traditional 4-H Communications Competition where winning members move to the next level of competition.

For the first time ever, all members from all age groups across the province will be invited to enter into a Provincial Public Speaking competition, please read on for more details on this exciting open competition! Members do not need to compete at any lower level in order to be eligible for the provincial competition.

As we organize communication activities it is important to remember that our primary focus is the Development of Communications Skills.

As per the Member requirements, **ALL** 4-H Members must do a communication activity at the club level (every club must provide an opportunity for members to do a communication activity).

Clever Kids focus on listening skills and the ability to express themselves in a fun way. Junior, Intermediate, and Senior members focus on the ability to express themselves verbally and listen respectfully to others.

A communication activity will include the following:

- Complete, at minimum, a 3 minute communication activity that is prepared & presented by the member.
- Each member will receive feedback that is written or verbal.
- Communication will be done through a virtual platform.
- No traditional impromptu is required, judges can ask a question that requires an impromptu answer for skill development.
- A Club must provide an opportunity to share with other club members to view and give support to the member presenting.

A member can pick what type of communication activity they would like to present.

Some examples include:

- A prepared speech or presentation.

- Member led Workshops
- Phone or virtual interviews - can either be interviewer or interviewee. (must follow the rule of 2)
- Debate
- Monologue
- Videos - sharing content verbally about something that interests them.

4-H Alberta Provincial Public Speaking Competition

In 2021, the 4-H Alberta Provincial Public Speaking Competition will include Junior, Intermediate, and Senior members. This competition is not linked to any District or Regional Competition.

Any member of 4-H Alberta who has completed a communication activity at club level can compete, following the 4-H Alberta Communications Rules.

- A member can prepare a speech or a single member presentation - Members that enter will be expected to follow 4-H Alberta Public Speaking or Presentation Rules.
<https://www.4hab.com/wp-content/uploads/2020/09/Public-Speaking-Rules-and-Guidelines-master-copy.pdf>
<https://www.4hab.com/wp-content/uploads/2020/09/Presentations-Rules-and-Guidelines.pdf>
- Members will be asked to register through the 4-H Alberta Online Registration System(ORS) www.4habregistration.ca/~login.php - Registration and submission deadline March 1, 2021 - Videos can be submitted to Tracy Dietrich - tracy.dietrich@4hab.com All quote sheets need to be submitted at the same time.
- A total of 10 members from each age division will be selected through a judging process - regardless of format: public speaking or presentation.
- Top 10 Junior and Intermediate speeches or presentations will be showcased by 4-H Alberta.

- If selected as one of the top 10 Seniors, members will be given a new topic to present at the Provincial Competition.
 - a) A topic will be given 10 days prior to the Competition.
 - b) The topic will be age appropriate and 4-H Alberta communications rules will apply.
- The Provincial competition will be held on April 10, 2021. Details will be communicated by mid March.
- There will be volunteer opportunities for this competition. If you are interested please contact Tracy Dietrich tracy.dietrich@4hab.com