

# **Jump To:**

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# **Message From the Board Chair**

A new club year is upon us, and I couldn't be more excited! Hi, I'm Christine Suominen, 4-H Alberta Board of Directors Chair. 4-H has always been a huge part of my life having been a member for 11 years. 9 of which were with the East Lacombe 4-H Beef Club, and the remaining 2 years were with Kreative Kids in Lethbridge while I attended the University of Lethbridge. I currently call the Lamont area home where I work as an Agronomic Solutions Advisor with Richardson Pioneer.

I am honoured to have begun my term as Chair following the past Annual General Meeting in May 2023. Having been on the Board of Directors since 2021, I have learned so much more about this great organization and I am excited for the future. Our main priority this fall is to meet with the Regional



Executives with an updated Strategic Plan. We look forward to celebrating Lorainne Parkinson on November 18, 2023, as she is inducted into the 4-H Alberta Hall of Fame as well!

Since 2020, 4-H Alberta has evolved in exciting ways to create an inclusive and cohesive environment for our members and volunteers. Responding to community concerns about volunteer capacity, 4-H Alberta initiated an assessment—the Volunteer Workload Review. If you haven't already, please click here to join the 230+ voices who have already contributed. The survey will close on September 8th at noon. Your opinion is important as we continue to refine 4-H Alberta, and you'll also have a chance to win some exciting prizes! Thank you to those who have already completed the survey. We look forward to reviewing your responses and continuing to improve 4-H Alberta for our members and volunteers!

Yours in 4-H, Christine Suominen Chair, 4-H Alberta Board of Directors

# 4-H Alberta Town Hall – Zoom Webinar – Register in Advance

The next 4-H Alberta Town Hall is scheduled for September 19, 2023. We invite our entire 4-H community to join us to connect with the 4-H Leadership Team that will be sharing the latest community updates and answering your questions.

When: Tuesday, September 19, 7:00 pm

Zoom registration link: https://us06web.zoom.us/webinar/register/WN\_1hHX01yySYuGwDSL4h-hAw

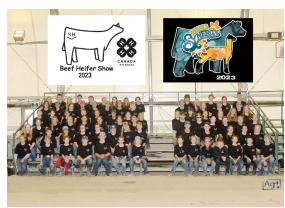
After registering, you will receive a confirmation email containing information about joining the meeting.

The Town Hall will be recorded, so if you can't make it, you can watch it later on our YouTube channel.

# 47<sup>th</sup> Annual Provincial Beef Heifer Show a Success!

The 47th Annual Provincial Beef Heifer Show, held from July 11-14 in Olds, AB, was a grand success, featuring 100 talented 4-H members between the ages of 9 and 21. Participants showcased their exceptional yearling heifers and cow/calf pairs in various categories including Showmanship, Multi Judging, Quiz, and Conformation. The event highlighted the immense hard work and dedication our young agriculturalists have put into their 4-H projects. A rigorous four-day schedule kept members busy from early morning to late evening, epitomizing the 4-H spirit of commitment and community.

Special thanks to our generous sponsors and Conformation judges Casey Philips and Mark Matejka for making this event possible.



Click image to view/ download

Congratulations to all winners and we eagerly look forward to an even more exciting show in 2024! For the complete story, along with photos, click here.

#### **Purebred Division**

| Champion Junior Yearling Heifer       | Greely R.  | Irvine 4-H Beef               |
|---------------------------------------|------------|-------------------------------|
| Reserve Junior Yearling Heifer        | Aubrey F.  | Knee Hill Valley 4-H Beef     |
| Champion Intermediate Yearling Heifer | Myra M.    | Tilley 4-H Club               |
| Reserve Champion Intermediate Heifer  | Emily Y.   | St.Paul 4-H Multi Club        |
| Champion Senior Yearling Heifer       | Kade R.    | Iron Creek 4-H Beef Club      |
| Reserve Champion Senior Heifer        | Nevada M.  | Tilley 4-H Club               |
| Champion 2 Yr. Old                    | Kasey A.   | Hastings Coulee 4-H Beef Club |
| Reserve Champion 2 Yr. Old            | Paisley R. | Irvine 4-H Beef               |
| Champion 3 Yr. Old                    | Reese W.   | Mayerthorpe 4-H Beef Club     |
| Reserve Champion 3 Yr. Old            | Erika M.   | Rangeland 4-H Beef            |

#### **Commercial Division**

| Champion Junior Heifer                | Paytin H. | Crossfield-Madden 4-H Beef |
|---------------------------------------|-----------|----------------------------|
| Reserve Junior Heifer                 | Lauren W. | Claresholm 4-H Beef        |
| Champion Intermediate Yearling Heifer | Ella G.   | Balzac 4-H Beef            |
| Reserve Champion Intermediate Heifer  | Shelby H. | Thorsby 4-H Multi          |
| Champion Senior Heifer                | Avery M.  | East Lacombe 4-H Beef      |
| Reserve Champion Senior Heifer        | Sierra B. | Rimbey 4-H Club            |
| Champion 2 Yr. Old                    | Lauren W. | Claresholm 4-H Beef        |
| Reserve Champion 2 Yr. Old            | Dru S.    | Rangeland 4-H Beef         |
| Champion 3 Yr. Old                    | Dru S.    | Rangeland 4-H Beef         |
| Reserve Champion 3 Yr. Old            | Davis G.  | West Carstairs 4-H Beef    |

#### Overal

| Champion Purebred           | Kasey A. | Hastings Coulee 4-H Beef Club |
|-----------------------------|----------|-------------------------------|
| Reserve Champion Purebred   | Myra M.  | Tilley 4-H Club               |
| Champion Commercial         | Ella G.  | Balzac 4-H Beef               |
| Reserve Champion Commercial | Avery M. | East Lacombe 4-H Beef         |

#### **Aggregate**

| Junior Aggregate       | Myra M.     | Tilley 4-H Club                |
|------------------------|-------------|--------------------------------|
| 2 <sup>nd</sup>        | Sterling C. | Millarville-Stockland 4-H Beef |
| Intermediate Aggregate | Kade R.     | Iron Creek 4-H Beef Club       |
| 2 <sup>nd</sup>        | Shelby H.   | Thorsby 4-H Multi              |
| Senior Aggregate       | Emily Y.    | St.Paul 4-H Multi Club         |
| 2 <sup>nd</sup>        | Kasey A.    | Hastings Coulee 4-H Beef Club  |

## 12th Annual Provincial Sheep Show Highlights Community and Agricultural Excellence.

This July, we had the pleasure of witnessing the exceptional skill and dedication of Alberta's young agricultural talent at the 12th Annual Provincial Sheep Show held in Olds, AB. For those who missed it or would like to relive the exciting moments, here is a recap of the exhilarating four-day event.

#### Olds, The Perfect Backdrop

From July 11 to 14, Olds became a focal point for agricultural learning and community building, hosting 54 4-H Sheep Project members. These participants presented a variety of sheep including Ewe Lambs, Yearling Lambs, and Mature Lambs with lambs at foot.

#### Community and Competition Blend Seamlessly

One of the most heartening aspects of the event was the sense of community that was palpable throughout. The show served as a platform for the bonding and mutual support between Beef and Sheep 4-H members. Notably, Wednesday afternoon was a buzz of excitement as 21 flocks took the stage for a highly contested competition.

#### **High Honors**

The hard work and dedication of 4-H members did not go unnoticed, as several walked away with coveted titles:

Champion Ewe Lamb: Ethan Y. of St. Paul 4-H Multi Club Reserve Ewe Lamb: Bronwyn Z. of Meadowview 4-H Multi Champion Yearling Ewe: Kurt Y. of St. Paul 4-H Multi Club Reserve Yearling Ewe: Julianne M. of Grassy Lake 4-H

Champion Mature Ewe: Georgia V. of Crestomere 4-H Multi Club

Reserve Mature Ewe: Ethan Y. of St. Paul 4-H Multi Club

#### **Aggregate Winners**

In the aggregate categories, the following members stood out:

**Senior Aggregate:** Emily of St. Paul 4-H Multi Club

2nd Senior Aggregate: Charlotte C. of Crestomere 4-H Multi Club Intermediate Aggregate: Ethan Y. of St. Paul 4-H Multi Club 2nd Intermediate Aggregate: Julianne M. of Grassy Lake 4-H Club

Junior Aggregate: Hailey O. of Cremona 4-H Club

2nd Junior Aggregate: Evelina G. & Bronwyn Z. of Meadowview 4-H Multi



Click image to view/download

Special congratulations to Kurt Y. from St. Paul 4-H Multi Club for winning the Champion Flock and to Julianne M. from Grassy Lake 4-H Club for securing the Reserve Champion Flock.

#### It Takes a Village

Behind the scenes, this fantastic event could not have happened without the hard work of numerous volunteers and community members. A special mention goes to the 4-H members from the beef barn who pitched in, embodying the community spirit that makes 4-H so special.

#### Thank You, Sponsors!

Last but not least, we would like to extend our heartfelt gratitude to all the sponsors who supported this event. Your backing makes it possible for these educational and community-building experiences to thrive.

The 12th Annual Provincial Sheep Show stood as not only a testament to the agricultural skills of our youth but also as a showcase of the strength and supportiveness of the 4-H Alberta community.

Until next year's show, keep those hooves trimmed and wool fluffy!

For the full story with photos, click here.

## 5th Provincial Carcass Competition Celebrates Excellence in 4-H Alberta

The 5th Provincial Carcass Competition concluded on July 24 at the Lacombe Research Station, drawing a large crowd eager for knowledge and community engagement. 4-H members and their families enjoyed exclusive tours of the facility, including the Microbiology Lab, Beef Unit, and the kill and cutting floor. Researchers were on hand to answer questions and provide valuable insights.

#### **A Day of Learning and Community**

After the enlightening tours, attendees gathered at the Lacombe Memorial Centre for a lunch sponsored by Pohl Livestock. Guest speaker Cameron Olsen enlightened the crowd on the topic of feed additives and their benefits in cattle raising.

#### **Bursaries and Awards**

A special moment in the event was the presentation of the Inaugural Fred Taylor Memorial Bursary, along with two Canadian Beef Grading Agency (CBGA) Bursaries awarded to exemplary 4-H members. These bursaries serve as a tribute to the hard work, dedication, and excellence these youth bring to 4-H Alberta.

#### Congratulations to the winners of the competition:

#### **Provincial Winners:**

| 1st Place  | Griffin K.  | Cremona 4-H Club (Calgary Region)           |  |
|------------|-------------|---|--|
| 2nd Place  | Trigg P.    | Edgerton 4ofH Multi Club (Northeast Region) |  |
| 3rd Place  | Rory D.     | Savanna 4-H Multi (Peace Region)            |  |
| 4th Place  | Madeline S. | Timber Trails 4-H Club (South Region)       |  |
| 5th Place  | Jade H.     | Jenner 4-H Multi Club (South Region)        |  |
| 6th Place  | Brock G.    | Dusty Plains 4-H Multi Club (South Region)  |  |
| 7th Place  | Jaryn C.    | Faun East 4-H Beef (West Central)           |  |
| 8th Place  | Aiden D.    | Irvine 4-H Beef (South Region)              |  |
| 9th Place  | Kort H.     | T & M 4-H Club (Northwest Region)           |  |
| 10th Place | Carson D.   | John Ware 4-H Beef Club (South Region)      |  |

#### **Regional Winners:**

| REGION                  | 1 <sup>ST</sup> PLACE | 2 <sup>ND</sup> PLACE |
|-------------------------|-----------------------|-----------------------|
| Region #1 South         | Madeline S.           | Jade H.               |
| Region #2 Calgary       | Griffin K.            | Cassie H.             |
| Region #3A West Central | Jaryn C.              | Erik S./Owen S.       |
| Region #3B East Central | Levi M.               | Shea F.               |
| Region #4 Northeast     | Trigg P.              | Branden G.            |
| Region #5 Northwest     | Kort H.               | Ayla K.               |
| Region #6 Peace         | Rory D.               | Konnor K.             |

#### **Canadian Beef Grading Agency Bursary Awards**

Fred Taylor Bursary: Karsten G.

**CBGA Bursary:** Levi M. **CBGA Bursary:** Abby T.

We extend big congratulations to all the winners and participants. Your accomplishments reflect the high standards and values of 4-H Alberta.

For the full story with photos, click here.

## The Financial Assistance Program will return for the 2023/2024 Club Year!

In late 2022, 4-H Alberta secured initial funding from the McCall MacBain Foundation to roll out a financial assistance pilot to 4-H Members who may not have the financial means to participate in 4-H Alberta but would love to join.

Due to the high demand on the pilot program and thanks to the generosity of our community, the McCall MacBain Foundation, as well as UFA, we are excited to announce that we will once again be offering the <u>Financial Assistance Program</u> for the 2023/2024 Club year and will be able to increase the number of youth we can serve!

Our goal is to ensure that those who are in financial need are able to access provincial programs offered by 4-H Alberta.

Any Member(s) who are considering opting out or may not be in a financial position to join the 4-H Alberta program due to financial constraints/ limited financial resources, are strongly encouraged to apply.

Please <u>click here to apply</u>. The deadline to submit your application is November 30, 2023.

#### **Mark Your Calendar!**

Discover Your Future in Ag aims to bring employers in the agriculture industry together with Alberta's youth to discover career opportunities. With future demands on producers, it's important to shine a light on future jobs available to today's youth. The event will take place during Farmfair International as a career fair event that will allow employers to educate about their business and interact with participants. "Discover Your Future In Ag" is brought to you by Farmfair International, in partnership with CAREERS. 4-H Alberta is thrilled to participate for the second year in a row!"



# **Calling all Crafters and Sewers!**

Now is the time to order your 4-H fabric to start all those great projects for the year!! Cost is \$20/m plus shipping. Contact Sylvia Axley - 780-842-9694 or email <a href="mailto:sylviaaxley@gmail.com">sylviaaxley@gmail.com</a>.





# **Members / Parents**



# ⟨S⟩ Ireland Here We Come! An Unforgettable 4-H Adventure Awaits! ⟨S⟩

Hey 4-H Alberta Members, hold on to your shamrocks, because we've got something spectacular to announce! How does a week-long adventure to Ireland sound? That's right, we are inviting you to apply for this unforgettable trip. Visit Irish farms, travel around Dublin, participate in fun activities, learn about Irish history, and immerse yourself in Irish agriculture!

When: May 17-23, 2024

#### Why You Should Go

- 1. **Expand Your Horizons:** This is a once-in-a-lifetime chance to learn about agriculture in a new setting. Irish agriculture has its unique methods and technologies. Experience it firsthand!
- 2. Networking: You will meet 4-H'ers not just from Alberta but from other parts of the world. This is a great way to make friends who share your interests and to create lifelong connections.
- 3. Cultural Immersion: Besides agriculture, you'll get a taste of Ireland's rich history, its beautiful landscapes, and its lively culture.
- 4. Skill Development: Travel is an education in itself. You'll learn teamwork, leadership, and interpersonal skills that will serve you well in any career.



#### **How to Apply**

Ready for your Irish adventure? Click the link below to find more information and apply for this thrilling opportunity:



# **Chaperone Opportunity**

Parents and adults, we haven't forgotten about you! If you're interested in serving as a chaperone, we welcome you to apply. Share this adventure with the next generation of 4-H'ers!

#### Apply to be a Chaperone

So pack your bags and your 4-H spirit, because Ireland awaits! Don't miss out on this exciting opportunity to expand your horizons and make memories that will last a lifetime.

Sláinte! 🛞



# Win Big with Calgary Sports and Entertainment Corporation

If you would like to sign up for exclusive ticket offers, giveaways, and draws for signed merchandise and prizes from the Calgary Sport and Entertainment Corporation, please click here: http://www.calgaryflames.com/4h.









**CALGARY SPORTS AND ENTERTAINMENT CORPORATION** 

#### Become a 4-H Alberta Ambassador!

ATTENTION ALL 4-H SENIOR MEMBERS: The Application to become a 4-H Ambassador is NOW OPEN!

APPLICATION DEADLINE: MONDAY OCTOBER 3, 2023

Access the application form **HERE** 

4-H Alberta Ambassadors are enthusiastic Senior Members that are driven to grow 4-H in Alberta through sharing their 4-H experiences and representing youth! 4-H Ambassadors will support 4-H in their region and across the province. Ambassadors will receive training and gain experience in areas they are interested in.



Two Ambassadors per region (14 in total) will be selected, through this application process, for a two-year term. Following the deadline, all applications will be reviewed, and potential candidates will be selected for a virtual follow-up interview.

Ambassadors Requirements:

- Has completed at least 3 years as a 4-H Alberta Member
- Is a current Senior Member in good standing
- Rossesses strong leadership, communication, and teamwork skills
- Passionate about growing and promoting 4-H in Alberta
- Attend the 4-H Alberta Fall Senior Symposium October 20 22, 2023
- 🕸 Attend the in-person Ambassador training at the Alberta 4-H Centre on Battle Lake November 17 19, 2023
- Attend virtual meetings for all Ambassadors (dates and times TBD based on Ambassador availability)
- Committed to fulfilling all Ambassador role requirements, as outlined in the Ambassador Terms of Reference.

To learn more about the 4-H Alberta Ambassador role, you can read the Ambassador Terms of Reference found at the bottom of the Ambassador page of the 4-H website here: <a href="https://www.4hab.com/ambassadors/">https://www.4hab.com/ambassadors/</a>

Successful applicants will be announced at the Fall Senior Symposium banquet!

If you have any questions about the 4-H Alberta Ambassador application process, please email: programs@4hab.com.

#### **Premier's Award**

To all Ambassadors - Application for Premier's Award is now open.

APPLICATION DEADLINE - TUESDAY, OCTOBER 10, 2023

Access the application form: <a href="https://forms.gle/hBf2RQUKN3sy6kYP7">https://forms.gle/hBf2RQUKN3sy6kYP7</a>

The Premier's Award Recipient is selected and awarded the honour at the annual Fall Senior Symposium program. The Premier's Award was donated personally by Honourable E.C. Manning, Premier of Alberta, and first presented to an outstanding 4-H member in 1964.

The recipient represents Alberta 4-H members at a variety of events over the following year, that may include delivering a keynote address, attending events, MCing banquets and or events.

The recipient will also attend one event per region, at the request of 4-H Area Coordinators, as an MC or other designated role.

#### Other highlights include:

- Meeting Government of Alberta representatives.
- Being a guest speaker at various agriculture events.
- Opportunity to attend 4-H Canada's 2024 Citizenship Congress.
- Receiving the Ted Youck Outstanding Leadership in 4-H Alberta Award.

Ambassadors can apply for the role by filling out the **online application** and participating in the interview process.

#### Registration is Open for the Fall Senior Symposium

#### What is the Senior Symposium?

The 2023 Fall Senior Symposium will host a variety of hands-on activities and workshops with specialists covering topics including, but not limited to, financial independence, resume building, scholarships, career opportunities, and future planning. The Symposium also provides delegates with an opportunity to network and connect with other Senior Members from across the province!

#### Who can attend?

Any Alberta 4-Her who will be a Senior Member in the 2023/24 club year.

#### Where will it be?

This year the Fall Symposium will be hosted at the 4-H Alberta Centre, Battle Lake, AB.

#### When is it?

October 20th - 22nd, 2023. Arrival is at 6:30pm on the 20th and departure is at 1:00pm on the 22nd.

#### What is the registration fee?

Registration is \$175 and includes all food, accomodation, programming and delegate packs at the program.

#### How can I register?

Registration is open in the online registration system for the new 2023/24 club year: <a href="https://www.4habregistration.ca/signin">https://www.4habregistration.ca/signin</a>

The deadline to register is **Tuesday October 10th.** Spaces are limited so register today! If you have any questions about the Fall Senior Symposium, please email: programs@4hab.com

#### Hello 4-H Alberta Cleaver Kids' Parents!



There is always room for one more aspiring young 4-Her and the Cleaver Kids program is an early introduction to 4-H Alberta through fun and hands-on learning appropriate for youth aged 6 to 8 years. Registrations for the 2023/ 2024 Club Year are underway and we hope to see you there!

<u>Viterra</u> and <u>AFSC</u> are proud supporters of this amazing program and we truly appreciate their generous support and investment in Alberta's youth!

Pictures can be sent to <u>development@4hab.com</u>. Please let us know if we have permission to use these photos in our publications and on social media.





# Introducing Project in a Weekend: A Unique Opportunity for 4-H Senior Members

Complete Your Project and Record Book in One Weekend and Focus on Other Club Requirements

Are you a Senior 4-H member looking for a time-efficient way to complete your project for the 2023-24 club year? Look no further! We are thrilled to introduce "Project in a Weekend," a fantastic opportunity for members like you to complete your project and record book in just one weekend. This innovative approach allows you to focus on fulfilling other club requirements while also exploring new project interests.

#### **Project in a Weekend Guidelines:**

- Open to Senior 4-H members only
- Participants must plan to enroll in the 2023-24 4-H club year
- Full weekend attendance is required (12-15 hours of project time)
- A project record book insert must be completed during the weekend

Upon completion of the weekend, participants will receive a certificate to present to their club leader, confirming the completion of their project. With your project and record book out of the way, you can concentrate on meeting the other requirements necessary to be a member in good standing.

Don't miss out on this unique opportunity to make the most of your time as a Senior 4-H member! Stay tuned for more information on registration and scheduling for "Project in a Weekend."

## **Project in a Weekend PDF Document**

**Register Here** 

# **4-H Alberta Scholarships**

The 2023 4-H Alberta Scholarship Application closed on May 1, 2023 at 12:00 pm (Noon).



Thank you and good luck to all who applied for a 2023 4-H Alberta Provincial & Additional scholarship through the 4-H Alberta Scholarship Program. Provincial scholarship recipients will be selected in September 2023, additional scholarship recipients will be selected throughout September and October.

Thank you to AgCall for their design and launch of our new online scholarship application.

A great big thank you to all of our donors who make these awards possible. We could not do it without their support!

#### The Elmer and Ona Hansen Memorial Scholarship

The 2023 Elmer and Ona Hansen Memorial Scholarship application <u>closed</u> on June 30, 2023. Applications are currently being reviewed and will be adjudicated in the September 2023. Successful recipients will be notified in October 2023. Thank you to everyone who applied!

Feel free to contact the scholarship team at scholarship@4HAB.com if you do have any questions.

#### The Sheila Stephen Memorial Scholarship with the Canadian Sheep Breeders Association

A message from The Canadian Sheep Breeders Association, The Sheila Stephen Memorial Scholarship application closes on September 30, 2023.

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For more information or to apply, please visit: <a href="https://albertasheepbreeders.ca/scholarships-and-awards">https://albertasheepbreeders.ca/scholarships-and-awards</a>.

## 4-HAB Projects Updates for 2023/24

4-H Alberta is thrilled to unveil our updated projects list for the 2023/24 year! As part of our mission to develop responsible, caring, and contributing young leaders, we've added several new project categories. These additions are designed to better reflect the interests of our members and align more closely with 4-H Canada's Leadership Development Pillars.

#### **Important Note for Registration**

When registering this fall, please take the time to review our entire list of project names. Select the one that most closely matches your project before opting for a more general category. If your project was previously under Creative Options, you may now find that it has its own designated space!

#### **Your Input Matters**

We encourage detailed submissions about your projects. General leaders and Club Registrars should utilize the 'specializations field' to provide additional specifics. This is your platform to shine and share the remarkable activities you are involved in!

#### **Leadership Development Pillars**

All projects fall under one of four Leadership Development Pillars:

- 1. Community Engagement & Communications
- 2. Environment & Healthy Living
- 3. Science & Technology
- 4. Sustainable Agriculture & Food Security

To learn more about what each pillar encompasses, visit the 4-H Pillars page on our website at 4hab.com.

#### New Projects for 2023/24

**Creative Options:** This is now a sub-category under each of the four pillars.

Other Agriculture: Includes Urban Agriculture, Agriculture Awareness, Donkey projects, and more.

Lego/Building Blocks: Engineering: For our future architects and engineers!

**Drones - Engineering:** Explore the sustainable and efficient use of drone technology.

**Robotics - Engineering:** Dive into the myriad applications of robotics.

**Rocketry - Engineering:** For those aiming for the stars!

Range / Soil Management: An extension to our existing Horticulture-Soils project.

Other Skilled Trade: Encompasses Metalworking, Auto Mechanic, Firefighting, and others.

**Fish / Aquaculture:** Dive into the world of sustainable fisheries management.

**Safety:** Includes Farm Safety, Fire Safety, First Aid, and more.

**Shooting Sports**: Outdoor Living: A new addition for outdoor enthusiasts. **Sports & Recreation:** From Curling to Square Dance, find your passion!

**Astronomy:** A haven for all stargazers and future astronauts.

Computer Sciences: For those interested in coding, algorithms, and more.

Mathematics & Accounting: Projects covering Financial Fitness, Budgeting, and more.

**Community / Civic Engagement:** Adopt a Grandparent, Cultural Diversity, Volunteering, etc. **Careers / Work Readiness:** Career Explorations, Job Shadowing, resume building, and more.

Project in a Weekend: Tailored for senior members, available under each pillar.

For a complete list, check our <u>2023/24 PROJECTS LIST – ALPHABETICAL</u> or <u>2023/24 PROJECTS LIST – BY PILLAR</u>, on our website.



# 4-H Alberta

# **Volunteer Workload Review**

## Volunteer Workload Review Survey - One week left!

Share your thoughts on your role in 4-H for a chance to win prizes! Join the 230+ leaders and volunteers who have already completed the survey. The survey will close on April 8, 2023.

4-H Alberta's goal is to continue to grow and support 4-H youth through our strong volunteers. Your feedback is vital to help us better understand the challenges and successes of your role, the amount of time you dedicate, and the areas where we can provide more support.

Please take some time to complete the <u>Volunteer Workload Review Survey</u> and you will have a chance to win 1 of 8 available gift cards.

## **Volunteer Workload Review Survey**

Your responses will be kept confidential and will be used solely for the purpose of improving our volunteer experience.

# 4-H Alberta's Alumni & Friends Membership Program

New volunteer opportunities have been posted on the Alumni & Friends website. For more information please visit <a href="https://www.4hab.com/alumni">www.4hab.com/alumni</a>

If you have any questions or would like more information on the Alumni & Friends program please email <u>alumniandfriends@4hab.com</u>.



# **Alberta Recycling and 4-H Alberta**

Clubs **MUST** register for recycling **EACH QUARTER**. If you wish to register for Q2 (July 1, 2023–September 30, 2023), please fill out the **new online registration** form here: https://forms.gle/YKGQPPLf67GjPsCz9

More information on the recycling program can be found on the website here.

A gentle reminder that tires and electronics are not to be stockpiled, and forms are due in the quarter the recycling is picked up. Any pickups from one location with more than 250 tires must be pre-approved. If you have any questions, please email admin@4hab.com.

Recycling forms for Quarter 2 (July 1, 2023–Sep 30, 2023) are due no later than September 30, 2023.

Please mail forms to: 4-H Alberta, RR1 Site 7 Box 1, Westerose, AB TOC 2V0



#### **Ordering Your 4-H Alberta Club Supplies Has Never Been Easier!**

We hope your new 4-H year is off to a fantastic start! As the leaves turn golden and we embrace the crisp autumn air, it's the perfect time to start planning your 4-H activities for the upcoming year. And what better way to set the stage for success than by equipping your club with all the essential supplies?

#### **Important Dates and Guidelines for Supply Orders**

We're pleased to announce that **General Leaders and club registrars** can begin the 4-H Alberta Club supply ordering process **starting October 1, 2023**. If your club's registration is in 'pending' or 'approved' status, rest assured that your supply orders will be given the green light.

The approval process is swift, with orders typically being approved **within three business days**, in the order they have been received.

#### **How to Place Your Order**

To make the process as smooth as possible, you can place your supply orders **through your ORS profile**. Alternatively, you can use the following direct link to access the Staples e-print site: **4-H Alberta Club Supplies Ordering**.

#### **Existing Users**

• If you've used the Staples e-print site before, simply log in using your existing username and password.

#### **New General Leaders or Registrars**

• New to the Staples e-print site? Click on the "need a log in" option to receive your personalized username and password.

#### Plan Ahead for a Successful Year

We encourage you to plan ahead and **limit your club's supply order to once annually**. This will not only help us manage our resources more effectively but also ensure that all clubs get a fair share of the available supplies.

#### **Have Questions?**

If you have any questions regarding the club supply process or need more information about the available resources, please don't hesitate to reach out to us at 4hsupplies@4hab.com.

Let's make this 4-H year the best one yet, equipped with all the supplies you need for a fulfilling and impactful experience.

# Regional News



# **All Regions**

# The Online Registration System (ORS) Access in September

- Your access to the Online Registration System (ORS) will not be impacted this fall
- <u>General Leaders and Club Registrars:</u> access to Clubs is available throughout September and Club Registration runs from October 1 to November 15, 2023. Payment is due November 15, 2023
- Your profile can be accessed and used to register in programs year round
  - o E.g., members can register in programs throughout the fall using their regular profile

# **Leader Training- Youth Safety Refresher Training**

The Youth Safety Refresher Course is intended to be a refresher to the Commit to Kids and Youth Safety Training completed at the beginning of your time as a 4-H Trained Leader. Every three years, leaders, staff, and YAC members are required to complete this Refresher Course to ensure you are confident in applying skills to identify and handle issues related to the abuse of children and youth, and that youth safety at 4-H in Canada remains a priority.

An email was sent August 14, 2023 to all leaders eligible to complete the Youth Safety Refresher course. If you completed the training in 2019/20 or 2020/21 and you didn't receive and email please reach out to Marisa Mellon at <a href="mailto:leadertraining@4hab.com">leadertraining@4hab.com</a>.

# **Leader Screening**

- If your last screening date was 2020/2021, you are due to be rescreened in the 2023/2024 year!
- To be a LEADER in 4-H, you need current screening (within the last 3 years) PLUS completion of Youth Safety Training and Commit to Kids training.
- To be a VOLUNTEER in 4-H, you need current screening (within the last 3 years).
- If you have a new leader to your club, please put them in touch with your Area Coordinator to fill out forms and get started on leader screening!

#### 4-H Alberta Reference Guide

#### What is it?

The <u>4-H Alberta Reference Guide</u> is a living document that provides operational processes, procedures, and definitions for province-wide consistency when required. The 4-H Alberta Reference Guide has replaced all non-governance related policies and procedures as of October 1, 2022. A living document is best viewed online to ensure the information is up to date.

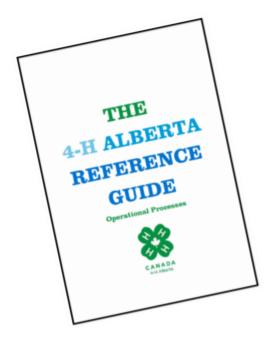
#### Where can I find it?

On the 4-H Alberta Website at <a href="https://www.4hab.com/4-h-reference-guide/">https://www.4hab.com/4-h-reference-guide/</a>.

#### How do I find what I am looking for?

**Option 1:** The Table of Contents: find the section you are looking for in the table of contents. Click on the section you want and it will take you there.

Option 2: Press "Control F" and search for keywords (On your keyboard: press the control button and the "F" button at the same time, a text box will appear in the top right corner of your screen, and you can search or "Find" what you are looking for).



#### What if I have feedback?

Submit change requests here: 4-H Alberta Reference Guide Feedback

This document will be updated in <u>February 2024</u> and <u>July 2024</u> this coming year, if changes are required. If changes are made, a summary will be in the Scoop that month.

## **Provincial Membership Fees**

#### **Effective September 2023**

- Full Refunds are provided until December 15 of that club year.
- No refunds are offered after that date.
- Contact your Area Coordinators for support or questions.

# Jump To:

South Calgary East Central West Central

Northeast Northwest Peace

# **South Region**



"Labour Day officially became a statutory holiday in Canada in 1894.

However, the holiday finds its origins long before that. Many historians accredit the events of 1872 to have been the driving force behind achieving Labour Day. The Nine-Hour Movement of 1872 was a push for shorter work days at a time when most employees were expected to work twelve

hours a day." https://www.prepareforcanada.com/after-you-arrive/living-in-canada/celebrating-the-history-of-labour-

# **Upcoming Regional Programming & Events (Check out the 4-H Alberta Calendar)**

Please check regularly and register for open programs in your online account under "programs"

September 23, 2023

South 4-H Region Leader Training Event, Claresholm, AB – Register Online!

October 28, 2023

South 4-H Region Council Meeting, Taber, AB





#### IN PERSON SOUTH 4-H REGION LEADER TRAINING

LEADERS, PARENTS, SENIOR MEMBERS SEPTEMBER 23, 2023 - CLARESHOLM, AB REGISTRATION CLOSES SEPT 6TH, 2023

#### PROGRAM ITINARARY (SUBJECT TO CHANGE):

#### MORNING NETWORKING SESSION

#### **BREAKFAST**

WORKSHOP #1 - NEWCOMERS & 4-H ALBERTA
WORKSHOP #2 - WELCOMING NEW FAMILIES TO 4-H -TOOLS,
RESOURCES, HANDS-ON HELP (BALANCING CHANGE & TRADITION)
GUEST SPEAKER: CLARESHOLM YOUTH - WHAT IT'S LIKE TO BE A
NEWCOMER IN RURAL ALBERTA

#### LUNCH

#### AFTERNOON NETWORKING SESSION

WORKSHOP #3 - WHAT'S NEW IN 4-H ALBERTA FOR THE 2023-2024 YEAR: ONLINE REGISTRATION, DEADLINES, TRAINING, SAFETY. EVERYTHING YOU NEED TO KNOW FOR CLUB START UP

NETWORKING SESSIONS: TALK ONE-ON-ONE WITH 4-H PROVINCIAL ADVISORY COUNCIL REPS - BEEF ADVISORY, SHEEP ADVISORY & SALTT AND ALL 4-H ALBERTA DEPARTMENTS!

COST - \$10
BUS AVAILABLE FROM MEDICINE HAT & TABER - \$15
BREAKFAST & LUNCH PROVIDED

## **South Region Reminders (Click on Active Links for More Information)**

#### **PROJECT STANDARDS - UPDATED**

<u>Beef Standards</u>, and <u>Sheep Standards</u> have been updated by your Provincial Advisory Committees. Please ensure your clubs and district / regional committees are aware of all changes for the 2022 year!

#### **New Leaders**

★ If you have new leaders, please have them fill in an adult registration form and send it to me! I can open a profile for them in the system so they can begin screening and training!

#### **Activity Plans**

- ★ Activities beyond the club level require an approved activity plan.
- ★ If you club has a high-risk activity planned, it too will need an activity plan.

#### **Being in Good Standing**

- ★ It is important to be in good standing at every level of 4-H Alberta
- ★ If you have any questions about what you need to do (as a Member, Club, District etc) to be in good standing, please consult the 4-H Alberta Reference Guide.

#### South Region Consumer Decision Making - HELP WANTED

★ The South Regional Council is seeking senior members and leaders to help organize the South Region Consumer Decision Making event. If you are interested, please contact Connie Harder.

# **Calgary Region**



# Calgary Stampede 4-H Rodeo - September 22-24/23

Come enjoy a weekend of learning some rodeo skills. Held at the Nutrien Western Event Centre at Stampede Park. Clinics will include goat tying, horsemanship, beginning & advanced roping and cow riding.

**Move-In**: Friday September 22/23 from 6pm - 8pm. Show office will be open during this time.

**Prerequisites**: Must be a 4-H member (Jr, Int., Sr), in good standing and must be equivalent to a level one rider. Does not have to be in a horse project.

Registration closes September 12/23

For more information or to register, go to <a href="https://ag.calgarystampede.com/events/4-h-rodeo">https://ag.calgarystampede.com/events/4-h-rodeo</a>.

### Calgary 4-H Regional Senior Fun Day – November 24-26, 2023

<u>Registration is now open</u>. This will be a weekend of fun and learning leadership skills at Camp Chestermere. Come meet new friends and meet up with some "old" ones too! You must be registered as a Senior member in the 2023/24 club year. The cost will be \$120 for the weekend.

*Friday November 24*: arrive at 6:30pm (after supper)

Saturday November 25: Breakfast, Lunch and Supper plus programs & a dance in the evening

Sunday November 26: Breakfast plus program, members leave before lunch

Register through your online 4-H account.

# **View/Download Senior Fun Day Weekend Camp Poster (PDF)**

Portfolio Competition Marking: Oct. 21/23

**4-H on Parade Meeting Dates:** Oct 30/23, Jan. 29/24 & Apr. 22/24 **Winter Bonanza**: January 5-7/24 (tentative - to be confirmed)

Regional Communications Competition: Mar. 23/24

Mountainview District Multi-Judging Competition: April 20/24





The 4-H Alberta Office is closed & the 4-H Alberta Area Coordinator, Calgary Region is off Friday September 1 to Monday September 4, inclusive. Hope you enjoy your Labour Day weekend!

The 4-H Alberta Area Coordinator, Calgary Region is off Friday September 8.



#### **Questions?**

You will find many answers to your questions in the <u>4-H Reference Guide</u>. If you can't find your answer, please contact your 4-H Alberta Area Coordinator, Calgary Region, Jane Ellen Forbes at <u>calgary@4hab.com</u>.

If you have questions regarding Calgary Region events or programs, please contact the Calgary Regional Council at <a href="mailto:calgaryregional4hcouncil@gmail.com">calgaryregional4hcouncil@gmail.com</a>.

# **East Central Region**

## Coming Up for the Fall (Click on Active Links for More Information)

| Sept 20-21, 2023 | EC Region Casino                                   | Jackpot Casino, Red Deer |
|------------------|--|--------------------------|
| Sept 23, 2023    | EC Region Sr Member/Adult Camp Supervisor Workshop | Circle Square Ranch      |
| Sept 29, 2023    | EC Region Council Executive Meeting                | Jackpot Casino, Red Deer |
| Nov 17, 2023     | EC Region Council Meeting                          | Coronation Hall 6:30pm   |
| Nov 24-26, 202   | EC Intermediate Camp                               | Circle Square Ranch      |

## **EC Region Youth Leader/Adult Camp Supervisor Retreat**

Thinking of helping out at Regional Winter Camps or just want to build on your leadership skills? Join other senior members and adult camp supervisors from across the Region for a day of interactive teambuilding and skill development focusing on group facilitation.

**FOR WHO?** Open all EC Region Senior Members (with a focus on YLEAD trained Sr Members), last year Intermediate Members (14+) and Adult Camp Supervisors

WHERE: Cirlce Square Ranch, Halkirk, AB WHEN: Saturday, September 23, 2023

Registration 9:30am Day runs 10:00am - 4:00pm

**REGISTRATION:** Members and Adults register via their ORS profiles

REGISTRATION DEADLINE: Monday, September 11, 2023

**COST:** FREE! (members must be in good standing)

WHAT YOU NEED: Notebook, comfortable indoor and outdoor clothing and a willingness to get involved!

Lunch included.

For more information contact Sylvia Axley EC Region President <a href="mailto:czarlimo@telus.net">czarlimo@telus.net</a>.

#### The EC Ambassadors' have a Newsletter!

The EC Ambassadors have launched their very own NEWSLETTER. Click <a href="here">here</a> to read the Spring edition and find out who they are and how they can help out.

Looking to get in touch with the EC Ambassadors? Don't hesitate to reach out: eastcentral.ambassadors@4hab.com.

# For all regional news, click here

# **East Central Region Calendar**

**East Central Region Page** 

# **West Central Region**

# **Coming Up for the Fall (Click on Active Links for More Information)**

| Sept 16, 2023   | WC Region Leader Recognition                                 | Bashaw Ag Grounds         |
|-----------------|--|---------------------------|
| Sept 30, 2023   | Friend of 4-H Award Nominations Close                        | WC Region                 |
| Oct 15, 2023    | WC Equine Leaders Fall Workshop                              | Lakedell Ag Society Arena |
| Nov 4, 2023     | WCR Council AGM & Record Book Competition Marking            | Lacombe Memorial Centre   |
| Nov 18-19, 2023 | Equine Member's Clinic - hosted by Ponoka<br>Renegade Riders | Calnash Arena, Ponoka     |



Click image to view/download

# WC Region Leader/Member Recognition - Sept 16, 2023

Join us in recognizing WC Leaders and Members for their 4-H work and years of service.

**WHO:** EVERYONE WELCOME!

Special invite to WC Region Leader Recognition Recipients, Platinum

Award Member Recipients and Guests

**WHAT:** WC Region Leader/Member Recognition Night Includes dinner, entertainment and award presentations.

WHERE: Bashaw Ag Society, Bashaw, AB WHEN: Saturday, September 16, 2023

WHY: Recognizing leaders and members for their 4-H work and years of

service.

**REGISTRATION:** Leaders and Members register via your ORS Profile.

Guests can be added.

**COST:** Ticket for 5 year + Award Recipients is complimentary

Additional tickets available for \$30.00 each

**REGISTRATION DEADLINE:** Friday, September 8, 2023

For more information contact: Christy christypeterson9@gmail.com.

## Get your FRIEND OF 4-H Nominations in!

4-H has many friends in the West Central Region. Some have made outstanding commitments and contributions to 4-H for many years. If you know a person who fits this description and is not an active 4-H leader, you may nominate him/her for a "Friend of 4-H Award". Organizations or businesses with similar qualifications may also be nominated for a separate "Friend of 4-H Award".

Selection will be based entirely on what you write on the **nomination form**.

Deadline for nomination is 5:00 pm, September 30th each year.

Nominations can be mailed to:

Christine Patten
West Central Regional 4-H Council
RR #1 Winfield AB TOC 2X0

# WC Equine Leaders Fall Workshop - Oct 15, 2023

"hosted by the WCR Horse Committee"

Join West Central Equine Leaders for a fun day of riding at Lakedell arena on Sunday, October 15, 2023.

We are seeking out all equine leaders who would enjoy networking with other leaders in our Region while refreshing 4-H equine skills from the basics to more advanced such as:

- Saddling & Bridling, Checking Tack, Proper Helmet Fit, Mounting and Dismounting, Body Position, Warm up, Emergency Stop, Gaits, Rider Focus, Rein Effects, Aids, Riding a Circle, Riding and recognizing Diagonals
- Turn on the Forehand, Turn on the Haunches, Transitions and Half Halt, Halting Rein Back, Leg Yield, Two Track, Sidepass, Lope Departure, Counterbend and Countercanter.

We are asking any confident leaders to step forward and facilitate a session(s) of their choice (this is not mandatory, you are welcome to attend without being a session facilitator).

The more leaders we have to facilitate sessions, the more skills we can cover!

Auditors are also welcome to attend. Cost is \$30.00 for the day (10:00 am - 5:00 pm) and includes lunch!

Watch the ORS and your email for registration details. Deadline for registering is October 1, 2023.

Contact Connie Kluczny at cmkluczny@gmail.com for further information or if you would like to facilitate a session.

# Ponoka Renegade Riders Horse Clinic Nov 18-19, 2023



Click image to view/download

#### The WC Ambassadors' have a Newsletter!

The WC Ambassadors have launched their very own NEWSLETTER. Click <u>here</u> to read the Spring edition and find out who they are and how they can help out.

Eager to connect with the WC Ambassadors? Feel free to reach out: <u>westcentral.ambassadors@4hab.com</u> or follow on Instagram @4hwestcentral\_ambassadors.

For all regional news, click here

**West Central Region Calendar** 

**West Central Region Page** 

# **Northeast Region**

# **NE Regional Council**

- Next Meeting November 4, 2023.
- Our current NE Region Executive Council
  - President: Jason Boorse (Elk Point 4-H Multi Club; Elk Point 4-H Beef Club; St Paul District)
  - Past President: Carmen King (Regional Volunteer)
  - Treasurer: Sandy Smith (Lakeland Longriders; Bonnyville District)
  - Secretary: Georgia S. (Member) (Hidden Creek 4-H Multi Club; Vermilion River District)
- NE Approved 2023-24 Program Plan found on our NE Regional Page Here
  - NE Approved 2023-24 Budget circulated by email May 31, 2023 by Crystal
- O Hosting Rotation for 2023-24
  - Fall Fling Nov 24-25: St Paul District
  - You Be the Judge Feb 3: Minburn District
  - Communications Competition Mar 23: Lac La Biche & Wood Buffalo
  - Beef Learning Event/Regional Female Beef Show: Vermilion River
  - Spring Fling: Wainwright District
  - Horse Camp: Lamont & Smoky Lake District

#### **NE Committee News**

- NE Beef Show Committee Meeting: Fall 2023
- NE Horse Camp Committee Meeting: TBD
- NE Horse Committee Meeting: TBD
- NE SALTT Committee Meeting: TBD

#### **NE MEMBER PROGRAMMING**

WATCH FOR MORE DETAILS ON OUR UPCOMING PROGRAMMING





#### **NE Senior Member Camp: October 13&14**

- NE Regional Council is seeking volunteers to assist with this planning committee
- If you are interested in volunteering to plan this event, please contact
  - Crystal Dechaine by email <u>crystal.dechaine@4hab.com</u>.

#### NE Intermediate Fall Fling: November 24 & 25

Watch for details

### **NE Region Explore 4-H Booth at the Vermilion Fair**

Thank you to the Vermilion River District for hosting



Click image to view/download



NE Region Summer Camp Junior Camp August 2 - 6; 41 Campers; 10 Youth Leaders



Click image to view/download



Click image to view/download

NE Region Summer Camp Intermediate Camp August 7-11; 53 Campers; 12 Youth Leaders

# **NE Cleaver the Beaver Sightings:**

#### Vegreville Country Fair August 9, 2023 with the Vegreville 4-H Multi Club



Click image to view/download



Click image to view/download

#### Reminders

Please reach out to your local Area Coordinator for help if you need it: crystal.dechaine@4hab.com

- Awards of Excellence Forms can be submitted for 2021-22 year; Forms can be found on the website <u>www.4hab.com</u> under <u>Members>Member</u> <u>Awards & Trips</u>; based on 4-H Diary Points
- NE Cleaver the Beaver is available for events!
  - To make arrangements for a Cleaver Appearance Contact Crystal for details!



# **Northwest Region**

## NW Region - CASINO DATES OCTOBER 4th & 5th, 2023 @ St. Albert



#### **VOLUNTEERS NEEDED**

#### The Region needs to fill the following positions:

- 1 position (chip runner) for 11:00 am to 7:00 pm on Oct 4, 2023
- 2 positions (cashier and chip runner) for 6:30 pm to 2:30 am on Oct 4, 2023
- 5 positions (countroom) from 11:00 pm to 2:30 am on Oct 4, 2023
- 3 positions (banker, cashier, chip runner) for 11:00 am to 7pm on Oct 5, 2023
- 2 positions (cashier, chip runner) for 6:30 pm to 2:30 am on Oct. 5, 2023
- 5 positions (countroom) from 11:00 pm to 2:30 am on Oct 5, 2023

Regional Casinos help fund Regional member and leader programs. Volunteers, leaders, parents, grandparents, and friends are welcome to help out! If you are interested in helping please email <a href="mailto:cprefontaine@mcsnet.ca">cprefontaine@mcsnet.ca</a>

Colleen Prefontaine, NW 4-H Casino Chair

#### **NW REGION - RECORD BOOK COMPETITION - NOVEMBER 18, 2023**

REMINDER that the Northwest Region Record Book Competition is running for the 2022-2023 Club Year. All Record Book Competition Guidelines and Marking Guides are found on the Northwest Regional Page - REGIONAL FORMS TAB.



RECORD BOOKS advancing to REGIONAL LEVEL COMPETITION are to be handed in at the NORTHWEST REGIONAL MEETING & LEARNING LUNCH on NOVEMBER 18, 2023 @ the Onoway Heritage Centre.

#### The 2022-2023 Marking Districts are:

- JUNIOR Record Books > Barrhead District
- INTERMEDIATE Record Books > Lac St Anne District
- SENIOR Record Books > Yellowhead District

4-H Alberta and the Provincial Advisory Committees want your FEEDBACK on RECORD BOOKS: <a href="https://www.4hab.com/forms-surveys/">https://www.4hab.com/forms-surveys/</a>

# **Upcoming Dates:**

November 18, 2023 Regional Meeting & Learning Lunch – Onoway Heritage Center



# **Peace Region**

# **Coming Up (Click on Active Links for More Information)**

September 22-23, 2023 Peace Region Casino

Great Northern Casino, Grande Prairie

**September 24, 2023 Peace Region Senior Member Event** 

Bowling Stones, Grande Prairie

October 1, 2023 **Club Registration Opens** 

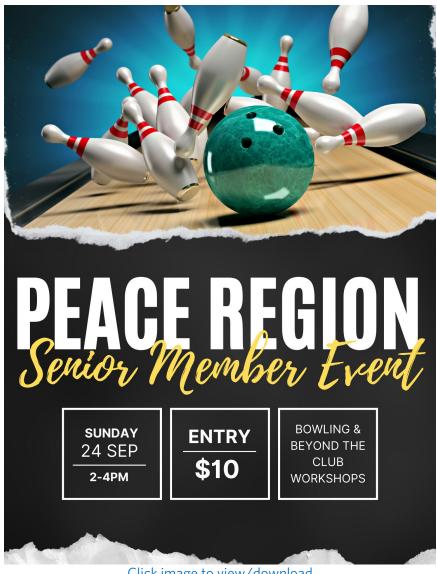
Nov 4, 2023 **Regional Meeting** 

Friedenstal Hall, Fairview

Nov 15, 2023 **Club Registration Closes** 

Nov 18, 2023 **Frosty Fest** 

Greenview Multiplex, Valleyview



Click image to view/download

#### **Reminders:**

Interclub, District & Regional Events please remember to fill out an activity plan 4-H Canada Activity Plan Form.

# **Sponsors**

### **Thank You**

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support. Thank You! We could not provide first-class youth programs without your help!

# **Diamond Clover Sponsor**



# **Emerald Clover Sponsors**













# **Gold Clover Sponsors**



# **Useful Links**

4-H Alberta website link: 4-H Alberta For Registration login: 4-H Alberta Registration.

4-H Canada website link: 4-H Canada







