

Jump To:

Learn To Do By Doing

Members/ **Parents**

Leaders

Regions

Sponsors

Message From the CEO

Dear 4-H Alberta Community,

As we continue into another year of growth and impact, I want to share some thoughts with you. Having spent time in the Department of Kinesiology, I've witnessed the ebb and flow of activity in the recreation facilities I led. Every year, there was a surge in January, only for things to settle back down to normal by February. But beyond the seasonal trends, I've also had the privilege of observing the habits of remarkable individuals, including Olympians, and I've even worked out with an astronaut (which, I must admit, was incredibly cool!).



What became clear to me was that the successful people did not tie to New Year's resolutions, lofty goals, or intricate plans. Instead, they centered around good habits—consistent, intentional actions that propelled them forward. In this spirit, I recommend reading "Atomic Habits" by James Clear if you're interested in exploring this further.

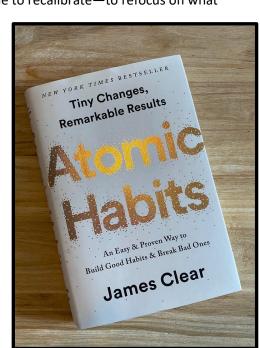
For 2024, let's shift our focus from resolutions to habits. I asked myself, what one habit could help all of us within the 4-H Alberta community? So, I delved into the feedback provided by our dedicated volunteers - one volunteer for every three youth across 4-H Alberta. As I reviewed years of feedback, a recurring theme emerged: Some volunteers engage in meetings, committees, and activities without a clear understanding of their impact on the youth. It's important to ask: Are these efforts truly aligned with the needs of our 4-H Youth? If not, perhaps it's time to recalibrate—to refocus on what truly matters... our Youth.

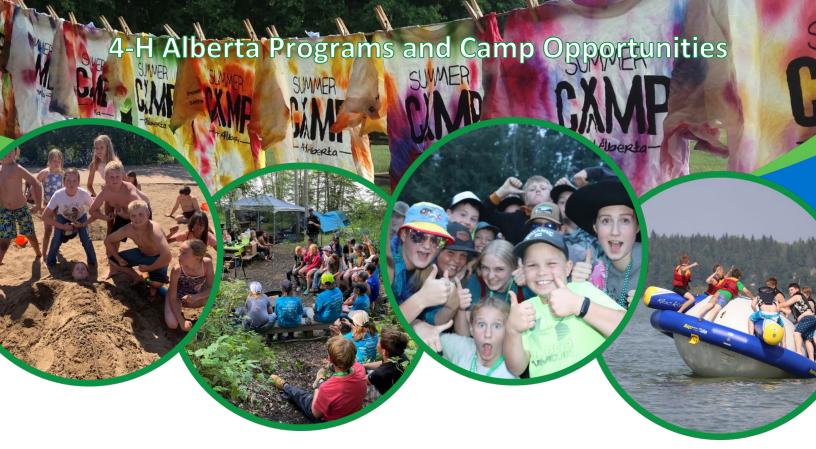
4-H Alberta's mission is to inspire, educate, and develop members who are outstanding rural and urban youth, leaders, and engaged citizens. By prioritizing what serves our youth, we can reduce and minimize extraneous tasks or habits that may no longer serve our youth as they once did.

Together, let's cultivate a culture of purposeful habits focused on youth—habits that lead our youth toward a brighter future!

Kurt Kinnear CEO, 4-H Alberta

PS. Click the image of Atomic Habits to link to its Amazon listing.





"I finally learned how the northern lights are made!"
"So fun!! I would go again!"

- Science Day Attendees

"I had so much fun and liked all the activities, like swimming in the lake, archery and ropes course!"

" – Intermediate Camp @ 4-H Centre

"I had a great time and the staff and leaders were great"

- South Jr. Camp Attendee

"The best activities were stealth games, slip and slide, laser tag and computer programming!"

" - Combined Camp @ 4-H Centre

Exciting Camp and Program Opportunities Ahead with 4-H Alberta!

Get ready for a season filled with adventure, learning, and growth with 4-H Alberta's upcoming programs and camps! **Join us for the Archery, AIM, Trek, Inspiration or Combined camps, to name just a few!** Whether you're a budding archer, aspiring leader, or eager explorer, we've got something special for you.

Act quickly to grab your spot! Our camps are in high demand and often fill up fast.

Make fun lasting memories with 4-H Members from across the province.

Sign up now!







Registered or planning on registering for a program?

URGENT - Members and Leaders **UPDATE YOUR PROFILE**

Update **MEDICAL INFORMATION** and **EMERGENCY CONTACT** information on your **profile**. The Medical info is cleared at the start of each 4-H year to ensure it is accurate and it is required for participation in any programs, activities and events.

PHOTO RELEASE: Log in and confirm the YES or change it to NO if you do not wish for your image to be shared. Although the default answer is YES, staff can tell that you have not confirmed this and so will need to double check with you. Also, your club has access to view your photo release response and so please, confirm this by clicking on either YES or NO so that your club and 4-H staff have accurate information.

Remember to **SAVE!**

ATB Financial Confidence Workshops Are Back!

<u>ATB</u> has been a generous and passionate supporter of 4-H Alberta for many years and we are very proud of this long-standing partnership as well as ATB's continued investment as an Emerald Clover Sponsor.



<u>ATB</u> recognizes the importance of fostering our future leaders and setting them up for success by teaching them important life skills.

We are thrilled to let you know that we are working with our valued partners at ATB to continue the Confidence Workshops, bringing new and relevant content to the workshops!

Webinar #1: Saving for the big stuff!

The webinar was held on Wednesday, February 28, 2024. Thank you to everyone who joined!

Webinar #2: Fraud Prevention: What to look for and how to protect yourself against Fraud

March is Fraud Prevention Month and ATB wants to make sure you have the tools you need to be able to identify risks and prevent yourself from falling victim to fraudsters. Learn about the current trends of cybercrime, what to look for when receiving unknown texts or emails, tips to protect your accounts and devices and what to do if you think you have been a victim of cybercrime.

Date: Wednesday, March 13th

Time: 6:30 - 7:00 PM

Location: Virtually, register now: https://www.4habregistration.ca/signin

All participants in attendance will be eligible to win one of two \$100 cash prizes simply by completing a survey after the webinar. Don't miss out!

Journey 2050 Contest proudly supported by Nutrien - Back for a second year!

Last year's contest was a huge success and Nutrien is pleased to hold another contest in 2024 with a new location to check out!

Are you interested in agriculture, sustainability, nutrients, and plant health? Are you curious about what farming looks like around the world? Did you enjoy last year's contest and are interested in touring Nutrien's Carseland Nitrogen Operations or would like to win some Nutrien SWAG??

Then sign up for two virtual Journey 2050 workshops delivered by our friends at Agriculture for Life. Workshops will take place on Wednesday, March 20, 2024, from 6:00 - 7:00 pm and Wednesday, March 27, 2024 from 6:00 - 7:00 pm.

During Workshop #1 on March 20, 2024, at 6:00 pm - Get an introduction to sustainability, nutrients and plant health.

During Workshop #2 on March 27, 2024, at 6:00 pm - Learn about careers in agriculture.

This contest and the workshops are open to members of all ages as long as each registered member has access to their own computer or Apple or Android device.

Workshops can be completed individually and independently from each other but completing both workshops will increase the chances of winning!

4-H Alberta Members interested in learning about world food sustainability?

What about **free swag** or the opportunity to tour **Nutrien's Carseland Nitrogen Operations**?





Workshop #1

Introduction to sustainability, nutrients and plant health Wednesday, March 20 6 - 7 pm



Virtually farm with real families around the world like our NEW U.S. farm family!

Workshop #2

Careers in agriculture
Wednesday, March 27 6 - 7 pm



More career options + NEW avatars Journey 2050 workshops provided by:



Proudly sponsored by:





4-H Alberta has new chaperone and facilitator opportunities for volunteers!

Chaperoning or facilitating is a great way to mentor 4-H Members and experience unique opportunities. Reconnect with your 4-H roots and have fun alongside 4-H Members!

All volunteers will be required to complete 4-H Alberta's volunteer screening process. All overnight volunteers will also be required to complete the Commit to Kids Training and Youth Safety Training if they haven't already.

Complete **this application** for more information on available opportunities and to apply.

Apply before March 15, 2024, and the 4-H Alberta Programs Team will be in touch with you.

If you have any questions about Chaperoning/Facilitating 4-H opportunities, please email: programs@4hab.com.

Upcoming Volunteer Opportunities:

Volunteers needed for supervising 4-H Alberta Science Days - April 13

2 locations:

Calgary Zoo - a fun interactive day studying the Burrowing Owl and Wild Canada display.

You will supervise the 4-H members, help disburse lunch coupons to members. Last year supervisors commented that it was a very fun day.

Battle Lake 4-H Centre - A&D Tutoring(bottle rocket projects at Project in a Weekend) are coming back to the centre to do a couple of hands-on projects with 4-H members interested in Science topics and how things work. We will have a fun day planned.

Please send an email to programs@4hab.com if interested in this opportunity.

4-H Alberta Archery stars shine at Alberta Winter Games

Myla D., Hayden C., and Dawson D. from Kneehill 4-H Multi Club represented Zone 2 with skill and precision, each performing impressively.

Dawson clinched Gold in the individual event and Silver in the team, highlighting a successful outing for all.

Coached by 4-H alum Brynnleigh Lohner, Zone 2.



Myla D., Hayden C., Dawson D., Quinn F., Brynnleigh L.

Volunteer Focus Groups = Time Well Spent

Our February focus groups were a hit! We engaged 22 amazing volunteers across 8 sessions, not to mention insightful one-on-one discussions with those who needed a different time or had more to share.

Feedback has been FANTASTIC! It's clear that the issues we're tackling are meaningful to you. More than just being heard, participants are optimistic about the impact their contributions will make and for positive changes to come.



Let's keep the momentum going! March is around the corner, and so are more Focus Group opportunities. It's your chance to share your ideas, your experiences as a volunteer, and most importantly, tell us why you love 4-H and how you want to see it thrive. Help us shape a brighter future together.

Ready to make a difference? Sign up for our next session here.

Hear from your fellow volunteers:

- "I thought the topics were excellent"
- "This was fantastic"
- "I feel like good things will come out of this"
- "We've had so many meetings about this, but nothing happens after. I feel like you are going to follow-through"

Your voice is crucial in driving 4-H forward. Join us in March to add your voice to the conversation for progress.

The 4-H Alberta Store

Don't forget to check out the 4-H Alberta Store! Our latest catalogue is available online, offering a wide range of 4-H branded merchandise perfect for members, leaders, and enthusiasts alike. Find everything you need to show your 4-H pride, from apparel to accessories. Plus, ordering is easy with the Store Order Form directly on our 4-H Alberta Store Page. website.



Ambassador Spotlight at 4-H Alberta!

Our dedicated Ambassadors have been out in the community, making us proud with their hard work and volunteer spirit! From judging a Public Speaking event in the south to facilitating a workshop with engaging presentations in the NE and bringing joy through multi-regional dances, their commitment to 4-H values shines bright.



Looking to add a spark to your next event? Our Ambassadors are ready to help! Fill out the Ambassador Request Form and let us bring the spirit and leadership of 4-H to you.



Discover more about our Ambassadors and how they're making a difference by visiting our Ambassador Webpage:



Let's celebrate the incredible work of our Ambassadors and remember, they're just a request away for your next big event!

Members / Parents

4-H Alberta Scholarships

The 2024 4-H Alberta Scholarship Application is now OPEN!





4-H Alberta Scholarship Application

Log In	Important
Email	Application Deadline: May 01, 2024 at 12:00 PM (noon)
Password <u>Forgot Password?</u>	The application process can take several hours and does not need to be completed at once .
	How to Use this Site
	Available Scholarships
□ Remember Me	
Sign In	
Don't have an account? Register	

The application will close on **Monday, May 1, 2024, at Noon (12:00 pm).** Please check the <u>website</u> for more information and to access the online application link.

We encourage all applicants to order their transcripts no later than MAY 1, 2024 to ensure that the deadline has been met. If we have not received your transcripts by August 1, 2024, then your application may not be considered for scholarships.

We want to send out a very special thank you to AgCall for supporting our online application process again this year!

4-H Alberta Financial Assistance Program

Thank you to McCall MacBain, UFA, and all of our supporters for funding the 2023/2024 4-H Alberta Financial Assistance Program. All recent successful applicants have been notified.

Please note that thanks to the generous support of our donors and supporters, the application will remain open for submissions until all funds have been disbursed!

For more information or to access the application, please click here.

If you have any additional questions, please contact development@4hab.com.



NEW PROGRAM ALERT FOR 2024: 4-H Alberta Provincial Lamb Carcass Competition

Calling all our fantastic Sheep members, we've got some exciting news to share! Get ready for a fantastic new program that's already getting a lot of buzz – the Provincial Lamb Carcass Competition.

We're excited to bring this new opportunity to our members and can't wait to see you participate! The details can be found in the ORS, so make sure you dive in and check it out!

A huge shout-out goes to our hardworking committee and Oscar Lopez-Campos, who've gone above and beyond to make this program a reality. Their dedication and effort have paved the way for a great new competition for 4-H members.





Win Big with Calgary Sports and Entertainment Corporation

If you would like to sign up for exclusive ticket offers, giveaways, and draws for signed merchandise and prizes from the Calgary Sport and Entertainment Corporation, please click here: http://www.calgaryflames.com/4h.



CALGARY SPORTS AND ENTERTAINMENT CORPORATION

Science Day 2024!

Double the Adventure, Double the Science! Join us on April 13, 2024, for TWO incredible 4-H Alberta Science Days designed for 12-14 year olds who are interested in science!

Want to learn new things, meet new friends, and experiment with science?

Choose your journey:

Battle Lake: Dive into a science-packed day with 6 STEM projects including Making Slime, Building a Generator, and exploring substances at our Science Discovery Day.

Calgary Zoo: Embark on an epic adventure featuring a Wild Canada Display and an interactive activity at the Asia Edu-Trek. Enjoy exclusive tours, hands-on activities, and learn about wildlife conservation and animal behaviors in a day full of discovery and fun.

Spaces are limited, so leap into action! Check the ORS system for all the details. Whether at Battle Lake or the Calgary Zoo, let's make science magic happen together!





Sheep Research Showcase

We're excited to share with our sheep community, the Sheep Research Showcase, a collaborative effort between Olds College and Lakeland College, aimed at those with a keen interest in sheep farming. This event will highlight the latest research and innovations in sheep health, production, and management. Attendees will have the opportunity to learn about new findings and practices that can improve the sustainability and efficiency of their sheep operations.

This showcase is an excellent opportunity for our 4-H members to deepen their understanding of sheep farming, engage with leading experts and researchers, and connect with like-minded individuals within the agricultural community. It's designed to provide valuable insights and practical knowledge that can be directly applied to your own farming practices.

Whether you're looking to expand your knowledge, explore the latest trends in sheep farming, or simply connect with others who share your passion, this event is not to be missed. It represents our





Sheep Research Showcase

March 20, 2024 | 4:30 - 7:30 p.m. Werklund Agriculture and Technology Centre | Olds, Alberta Dinner provided



Co-hosted by Olds College of Agriculture & Technology and Lakeland College, this free event will showcase emerging technologies and management practices to support sheep producers by:

- Providing "hands-on" learning of devices currently being researched for the sheep industry.
- Presenting results of research conducted in Alberta.
- Demonstrating animal handling techniques.
- Improving the agriculture industry through research.
- Providing an opportunity to speak with researchers one-on-one about future research that meets the needs of producers.

Scan the QR code to sign up



commitment to offering educational opportunities that empower our members and contribute to their growth and success in the agricultural sector.

To register, scan the barcode or click on the image.



The Spring Senior Symposium is tailor-made for 4-H Alberta's Senior Members. This isn't just another gathering—it's your opportunity to have fun together and connect with professionals and specialists on topics that resonate with your interests, and dive deep into discussions that matter. What's more, for those eyeing an adventure beyond the ordinary, the Symposium is also your platform to select from a range of exclusive 4-H trips. If you're passionate about expanding your horizons, networking, and seizing opportunities that pave the way for your future, this event is your stepping stone. Ready to step into an experience designed with your ambitions in mind? Join us this spring and shape the journey you've always envisioned.





AltaLink Contest Alert!

Thank you to all those who attended the AltaLink Transmission Line Safety Webinar on Wednesday, January 31, 2024!



AltaLink is a proud supporter of 4-H Alberta and is the exclusive sponsor of 4-H Alberta's Communications Program. They are looking for safety videos submitted by Alberta 4-H communications program participants that would focus on a topic for transmission line safety for farming. This could be related to spring planting, managing the crops over the growing season, or fall harvesting.

Contest Details:

- All 4-H Members must be in good standing to apply.
- Video submissions need to be between 30 and 60 seconds.
- Video submissions should provide an overview of the topic selected, why it was selected, and why it matters for farm safety.
- Video must be submitted no later than midnight March 15, 2024.

For more information and to enter, click here.

Tell Your 4-H Alberta Agri-Tale: The Ultimate Contest for the Youth of 4-H Alberta!

Are you a passionate 4-H Alberta member with a story that can inspire? Whether it is raising your first animal, learning a skilled trade, or attributing to community engagement, we want to hear YOUR 4-H Alberta Agri-Tale.

Why Share?

Because every 4-H Alberta project and its story deserves to be told, and yours could be the inspiration someone needs! Plus, there are amazing prizes awaiting.



How to Participate:

Share the stages of your project from December 1 to March 31 with Photography or Videos of your 4-H Alberta Agri-Tale.

Submit each entry at <u>mcsnet.ca/4habcontest</u> with a short 25-100 word description periodically to keep us updated on your 4-H project's developments from now until March 31, 2024 at 23:59:59.

Post your submission publicly on social media with the hashtag #4HABContest and tag @MCSnet and @4-HAlberta.

Prizes Galore:

Each age group, Junior, Intermediate, and Senior, will be awarded with a Grand Prize and Runner Up cash prize. Periodically, we will award prizes for inclusion on social media platforms using the contest hashtag.

Grand Prize: \$500 Runner Up: \$100

Additional prizes on social media and many special mentions!

So, to the young agriculturists of 4-H Alberta, grab your camera and let's showcase your passion! Take us on a deep dive of your farming or agricultural journey and share it with a community that understands and celebrates every milestone.

Ready to share your 4-H Alberta Agri-Tale? Don't wait! Stay tuned to mcsnet.ca and its social media channels!



Enter for your chance to win at mcsnet.ca/4HABCONTEST

Spring/Summer Programs Feature Camps

Aspiring Intermediate Members (AIM) Camp

Designed for intermediate members craving new adventures, AIM Camp offers specialized streams for you to dive into - from science experiments and arts/theatre to sports and more (final themes to be decided).

Expect guest appearances, community projects, and a week packed with exploration and discovery.

Get ready for an unforgettable camp experience that goes beyond the ordinary.









Trek Camp

Join us for an unforgettable outdoor adventure at 4-H Alberta's Trek Camp! Whether you're a seasoned camper or new to the outdoors, immerse yourself in nature, starlit nights, delicious campfire meals, and essential camping safety. All wrapped up in fun 4-H activities. Dive into the ultimate camping experience!







Inspiration Camp

Ignite your creativity at 4-H Alberta's Inspiration Camp this summer! Dive into design, crafting, and creation in a program that transforms your ideas into reality. From keepsakes to community projects, it's all about hands-on fun and bringing your visions to life. Join us for a summer of inspiration and excitement!





Combined Camps







4-H Centre Combined Camp #1

Get ready for the ultimate fun at 4-H Alberta's Combined Camp #1! Whether you're a Junior or Intermediate Member, this camp is packed with cool activities, awesome games, and tons of fun just for you. Ready to try new things or dive into your fave camp activities? We've got you covered!

Join us at the 4-H Centre for an unforgettable time where you'll learn cool stuff, meet new friends, and have a blast. Don't miss out—this is your ticket to adventure and fun!





4-H Centre Combined Camp #2

Gear up for the adventure of a lifetime at 4-H Alberta's Combined Camp #2! Tailored for both Junior and Intermediate Members, we're bringing you a camp filled with cool activities, awesome games, and non-stop fun and learning. This is your chance to shine at the 4-H Centre, exploring new hobbies, facing fun challenges, and making friends from all over.

Looking to level up your skills or just looking to have tons of fun? Combined Camp #2 is the place to be for an amazing summer experience!









Peace Region Combined Camp

Get ready for an epic adventure at Peace Region Combined Camp, set in the awesome Peace River Region at Camp Artaban! Whether you're a Junior or Intermediate Member, this camp has everything you could want: cool activities, fun games, and tons of stuff to discover. You'll tackle new challenges, check out cool hobbies, and hang out with new friends in one of the coolest places ever.

Don't miss out on the adventure of a lifetime at Camp Artaban. Grab your spot now and make this camp experience unforgettable!





Hello 4-H Alberta Cleaver Kids' Parents!



Cleaver Kids is an early introduction to 4-H Alberta through fun and hands-on learning appropriate for youth aged 6 to 8 years. Those 4-Hers in the making engage and participate in their local clubs, alongside 4-H Alberta members.

<u>Viterra</u> and <u>AFSC</u> are proud supporters of this amazing program and we truly appreciate their generous support and investment in Alberta's youth!

We always love to see what our Cleaver Kids are up to, so feel free to send us a few pictures of your completed activities and projects! Pictures can be sent to development@4hab.com.



Leaders

Region and District Funding Available Again in 2024

Please watch your emails for the 2024 Region and District funding application:

Up to \$900 per region and up to \$200 for the first 33 Districts in good standing are available. Applications will be approved on a first-come, first-serve basis.

More information as well as the application link will be shared through your designated Area Coordinator shortly. The application is slated to launch on February 15, 2024, and the deadline to apply is April 15, 2024.

4-H Achievement Day Information Form

AN IMPORTANT DEADLINE IS APPROACHING! The 4-H Achievement Day Information Form is now available and waiting for your input. We know how essential it is to have all the crucial details about your club's Achievement Day in one place, and we're excited to showcase this significant event for our 4-H members!

ACHIEVEMENT

DAYS

Achieve

We kindly request that all clubs take a moment to complete the following form. Your cooperation will greatly assist us in making these days as memorable as possible for our young members.

Form Deadline: March 15, 2024

Access the Form Here

Thank you Leaders for your continued dedication to 4-H Alberta. Your participation ensures that we can celebrate our 4-H members' accomplishments in the best way possible!

Welcome to the

Agriculture Network

Viterra has been helping farmers feed the world for over 100 years. We are passionate about agriculture and the communities who support this great industry.

We are proud to work with organizations such as 4-H Alberta and Ag for Life to help students across the province learn about, connect to and celebrate agriculture during Canadian Agriculture Literacy Month.



viterra.ca

Our world-leading, fully integrated agriculture network connects producers to consumers around the world.

Learn about Viterra at



4-H Alberta's Alumni & Friends Membership Program

4-H Alberta is capturing success stories from our Alumni & Friends membership to share and inspire our community. If you have an inspirational story about success in your life and/or career that you would like to share, or if you would be willing to volunteer to provide an educational session in your area of expertise, please complete the form and we will be in touch. Please click the link to fill out the online form.



Beef Show & Sale Committees:

- Here are a few things to keep in mind while planning your upcoming Achievement Day:
- Animal Rights Activists are everywhere here are a few helpful tips:

 - Stay Calm and polite at all times.Don't engage with them do not respond or react
 - o If you feel threatened in any way, call a leader
 - o If there is a demonstration, call a leader
 - If someone is recording you as part of a protest, be prepared for your response to be shared publicly and act accordingly.
- Scale that is used for weighing market projects
 - Anyone selling a product that deals in price per weight, must have a calibrated and certified scale. If your scale isn't calibrated and certified, projects should be sold by the
- If you are an achievement day that likes to have a Jr. Judge participate please make sure you have consulted with the official judge you have and they are willing to mentor the junior you have selected.
- Please refer to the 4-H Alberta Reference manual for member payments https://www.4hab.com/wp-content/uploads/2024/01/The-4-H-Alberta-Reference-Guide.pdf
- The BAC committee would also like to start to compile a list of judges that are available after your achievement if you could please forward their names to <u>BAC@4hab.com</u> that
- would be great. Deadline June 30, 2024

 General inquires about the Beef Project can be directed to the new email for the Beef Advisory Committee - BAC@4hab.com

CONTACT US



Learn To Do By Doing

Click image to view/download

Alberta Recycling and 4-H Alberta

Clubs MUST register for recycling EACH QUARTER. If you wish to register for Q3 (October 1, 2023–December 31, 2023), please fill out the new online registration form here: https://forms.gle/YKGQPPLf67GjPsCz9

More information on the recycling program can be found on the website here.

A gentle reminder that tires and electronics are not to be stockpiled, and forms are due in the quarter the recycling is picked up. Any pickups from one location with more than 250 tires must be pre-approved. If you have any questions, please email admin@4hab.com.

Recycling forms for Quarter 4 (January 1, 2024-March 31, 2024) are due no later than March 31, 2024.

Please mail forms to: 4-H Alberta, RR1 Site 7 Box 1, Westerose, AB TOC 2V0

Regional News



Activity Plans Required For Interclub & Beyond Communication Events

Don't forget to submit an activity plan for your area, district and regional communication events.

The link you use is: https://4h-canada.i-sight.com/portal to complete an Activity Plan for approval or submit an Incident Report.

New Draft Constitution for Clubs and Districts

It's time to prepare for the 2024-25 club year. If you are not already using the draft constitution provided, it must be adopted for the next club year (2024-25) What this means is that you need to include the information from the draft constitution (you don't have to include the sections that show "Optional") but then you may add to it so that it fits your club or district. Remember that a constitution is a set of rules for running your club or district. It helps provide guidelines for conflict resolution. It also is the framework for action so that your club can accomplish its goals.

Reminder About Good Standing Requirements for 2024-25

The dates for submitting documents for the 2024-25 year are changing. Why are they changing? We have heard the community. In order for a club to plan their year, they need to know when the district and region are planning their events. Members want an opportunity to participate at all levels.

Region Due Date: September 1/2024
District Due Date: November 1/2024
Club Due Date: January 15/2025

If you have any questions regarding these new due dates, please contact your Area Coordinator.

District and Regional Funding

Have you applied for this funding yet? Up to \$900 per region and up to \$200 for the first 33 districts, in good standing, are available this year. Applications are approved on a first-come, first-served basis. Your Area Coordinator shared the application form link with the district & regional presidents. Last day to apply is April 15/24.

Reference Guide Feedback

Submit change requests here: 4-H Alberta Reference Guide Feedback

This document will be updated in <u>February 2024</u> and <u>July 2024</u> this coming year, if changes are required. If changes are made, a summary will be in the Scoop that month.

South Calgary East Central West Central Northeast Northwest Peace

South Region



HOW TO OBSERVE ABSOLUTELY INCREDIBLE KID DAY

Tell the kids in your life why you think they are incredible, amazing, inspiring, or just plain terrific!

How many kids do you know? They all deserve some encouragement, so make sure they get it from you! Encourage them to keep doing big things and they will change the world!

Make them feel even more important and write it down in a letter., or create a post about an amazing child you know.

https://www.nationaldaycalendar.com/national-day/absolutely-incredible-kids-day-third-thursday-in-march

Upcoming Regional Programming & Events (Check out the 4-H Alberta Calendar)

Please check regularly and register for open programs in your online account under "programs"

March 4, 2024 Registration deadline for members advancing to Regional Communications

March 10, 2024 RESCHEDULED: South 4-H Region Council Meeting, 7:00pm, Zoom

March 16, 2024 South Region 4-H Communications Event, Lethbridge College

March 22, 2024 South Region 4-H Alberta Night at the Lethbridge Hurricanes

April 6 2024 South Region Multi Species Judging Event, Perlich Bros. Auction

May 16 2024 South 4-H Region Council Meeting, 7:00 pm, Zoom

^{*}Click HERE to see the complete South 4-H Region Calendar of Events



4-H ALBERTA NIGHT

Friday, March 22, 2024

Doors Open 6pm - Game 7pm

LETHBRIDGE HURRICANES VS. MEDICINE HAT TIGERS

4-H Clubs have access to reserved seating and receive a ticket discount by using the PROMOTION CODE: 4HM22
All tickets must be purchased online at enmaxcentre.ca.
Use the above code to ensure you are seated in the 4-H section and receive the group discount. Tickets are limited.

Hockey Night at the Enmax Centre, Lethbridge AB

Get ready for a thrilling night of hockey with 4-H Alberta at the Enmax Centre!

Join us March 22nd for an epic showdown as the Lethbridge Hurricanes take on the Medicine Hat Tigers.

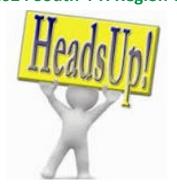
Cheer on your team, enjoy the excitement with fellow 4-H members, and experience a night full of action and community spirit.

Don't miss out on this unforgettable evening – let's make some noise and show our support!



The Farming Smarter Conference and South 4-H Region Annual Auction Fundraiser was a great success. Thank you to all clubs, districts, sponsors and buyers for coming together to raise awareness and funds for our South 4-H Region Scholarship program. A full list of sponsors and buyers will be available on the South 4-H Region web page in the coming weeks. A huge thank you to our organizing committee who works tirelessly to arrange and support this amazing event! If you would like to part of the organizing committee for next year, please reach out to your District's regional representative so they can put your name forward.

2024 South 4-H Region Communications Event



WHO? Members who place 1st and 2nd in each category of their 2024 District Communications Event. Categories where 1st or 2nd place cannot attend, 3rd place winners may compete.

WHEN? March 16, 2024 - Lethbridge College

HOW? 1st, 2nd, 3rd place winners - please REGISTER ONLINE by March 4th, 2024

*Registration is required to participate at the Regional Level. Registration opens: February 15, 2024. Deadline to register is March 4th, 2024 - NO late registrations accepted. If you placed 3rd at your District event, please register, as you may earn a spot to compete. If you placed first, second or third at your District event but do not wish to compete at the Regional level, please let your District Communications committee know.

If you have questions about registration, please contact Connie Harder at connie-lyne.harder@4hab.com.

South 4-H Committee / Project Reminders

Beef Advisory Committee (BAC) Representative - Jay G, Newell District

- Please submit your show and sale form as soon as you are able. Deadline is March 15. This helps with advertising your show.
- If you have not submitted DNA samples for carcass projects, please do so ASAP

Equine Advisory Committee Representative (PEAC) / Regional Horse Committee - Charity A. Lethbridge District

• Horse project members in the South need to pay their \$10 Regional Horse Fee, invoices have been distributed to club leaders.

Sheep Advisory Committee (SHAC) Representative - Nikki P. Newell District

- Registration is open for the Lamb Carcass Competition. Deadline: May 15, 2024
- Tail Docking questions? Check out this great TAIL DOCKING webinar by Arlene G.

Science, Art, Lifeskills, Technology and Trade (SALTT) Marie L., Vulcan District

- Please consider attending SALTT organized SCIENCE DAYS Registration Deadline is April 1st, 2024. Locations: Calgary Zoo and 4-H Centre at Battle Lake.
- Mailmatch Competition has a great registration of 80 members. Thanks to the volunteers to help with this great
- The SALTT Committee is plan the Project in a Weekend Program November 1-3, 2024, at the 4-H Centre, please watch for details.
- Committee members are always open to suggestions and ideas please share concerns with your committee representative, Marie L. to bring forward at a meeting.

To reach your South Region Representatives, please email Connie at connie-lyne.harder@4hab.com for their contact information.

South Region Reminders (Click on Active Links for More Information)

PROJECT STANDARDS - UPDATED

<u>Beef Standards</u>, and <u>Sheep Standards</u> have been updated by your Provincial Advisory Committees. Please ensure your clubs and district / regional committees are aware of all changes for the year!

Club Approval

★ All South Region Clubs have been approved for the 2023-2024 year. All South Region Clubs are currently in good standing. Congratulations and THANK YOU to our General Leaders who work so hard to ensure your clubs are running smoothly! Please ensure all members sign their forms so they too are in good standing!

Screening

- ★ If you last screened in 2020-2021 or sooner, you are DUE TO RESCREEN! If you need any help doing this, please call or email Connie. New police detachment letters are available.
- ★ New LEADER OR VOLUNTEER? Send Connie your Adult Registration Form to get screening / training started!

Activity Plans

- ★ Activities beyond the club level require an approved <u>activity plan</u>.
- ★ If your club has a high-risk activity planned, it too will need an activity plan.

Being in Good Standing

- ★ It is important to be in good standing at every level of 4-H Alberta.
- ★ If you have any questions about what you need to do (as a Member, Club, District etc) to be in good standing, please consult the 4-H Alberta Reference Guide.

Calgary Region



4-H on Parade

Please note that registration will be solely online this year and must be completed by each member attending.

Registration closes on April 1/24 but due to the Easter weekend, there will be no office support from March 28 in the afternoon on. It is best to complete your registration before March 28.

Before starting your registration, please go to the <u>4-H on Parade webpage</u> for more additional information. All Calgary Region clubs that have representatives attending the planning meetings are eligible to participate.



4-H on Parade Leader Meeting Dates: Apr 22, 2024 (Balzac Hall)

Calgary Region 4-H Horse Committee Meetings: Mar 28, 2024, May 9, 2024

Regional Communications Competition: Mar 23, 2024, Strathmore Rec Centre.

Did you know that there are some changes to the communications rules and guidelines? Every year we try to improve upon our guidelines. It is important that clubs and members check the website for the document every year so that you are aware of the most updated information.

To learn more, go to our 4-H Alberta website, click on *Downloads*, click on *Public Speaking* and lastly, click on "Public Speaking Rules and Guidelines".





Update Your Profile Please

All members, leaders, volunteers, and supporters need to go online and ensure that your profile is correct, including your email address. As well, please ensure that you have signed the:

- Medical section if the field doesn't apply, just enter N/A
- Contact (for adults, this is an emergency contact)

Why do we ask the adults for medical and emergency information? If you are at an event and go unconscious, we need to know who to call as well as what to tell the paramedics. This way you get the best care possible, and we call the right person!

If your child has more than one guardian/parent, please consider adding them as a contact. At 4-H Alberta, if someone is asking for access to a member's profile, we can give it unless that person is listed in the contact section of the member's profile.



Mar 22-28/24: The area coordinator will be solely working the mornings (finishes at 12:30pm).

March 29-April 1/24: The office is closed, and staff is off for the Easter Weekend.



Questions?

You will find many answers to your questions in the <u>4-H Reference Guide</u>. If you can't find your answer, please contact your 4-H Alberta Area Coordinator, Calgary Region, Jane Ellen Forbes at accalgary@4hab.com.

If you have questions regarding Calgary Region events or programs, please contact the Calgary Regional Council at calgaryregional4hcouncil@gmail.com.

For all regional news, click here

Calgary Region Calendar

Calgary Region Page

East Central Region

Coming Up for the Fall (Click on Active Links for More Information)

Mar 23, 2024	Regional Presentations - hosted by Flagstaff District	Lougheed Community Hall, Lougheed, AB
Mar 24, 2024	PUBLIC SPEAKING - hosted by Drumheller District, Registration 9:30 am, Start time – 10 am.	Morrin School, Morrin, AB
Apr 12, 2024	East Central Regional 4-H Council Meeting, 6:30 pm	Coronation Community Hall, Coronation, AB



Regional Presentations - hosted by Flagstaff District

Location: Lougheed Community Hall, Lougheed, AB

Date: Saturday, March 23, 2024

Time: Registration 9:30am, Start Time 10:00am

Contact: Brenda Martin (780) 385-5919 email: b headon@hotmail.com.

Information to send to the Presentation contact:

- Member name, email, phone number, what category they presented at
- Presentation title/topic

Each District can send their top 2 members in each category and should have an alternate in the case that one member is not able to attend.

<u>Please note:</u> Each presenter is responsible for their own electronics/devices, projectors, screens, electrical cords etc. There is no internet access either.

Any questions, please contact Brenda Martin at the email address above.

PUBLIC SPEAKING

Hosted by Drumheller District

Location: Morrin School, Morrin, AB Date: Sunday, March 24, 2024

Time: Registration 9:30am Start Time 10:00am

Contact: Melanie Nelson 403.823-1863 melaniecrookedlakes@gmail.com

Information to send to the Public Speaking contact:

- Member name, email, phone number
- Speech title/topic
- Past impromptu topics



Each District can send their top 2 members in each category and should have an alternate in the case that one member is not able to attend.

Any questions, please contact Melanie Nelson at the email address above.

East Central Regional Fun Day 2024

Click image to enlarge/download



Reminder

Coronation, Provost, and Flagstaff Districts must provide 3 judges each for the Regional Presentation Competition held on March 23, 2024. Please forward the name, phone number, email and any past levels judged for 2024 public speaking competitions of all judges no later than February 26, 2024, to Brenda Martin.

Questions?

You will find many answers to your questions in the 4-H Reference Guide. If you can't find your answer, please contact your 4-H Alberta Area Coordinator, West Central Region, Isaiah King at aceastcentral@4hab.com.

For all regional news, click here

West Central Region



West Central Regional Presentations

Hosted by Rocky District

When: Saturday March 9, 2024 @ 10am

Where: Leslieville Hall

Contact: Renee Glasier at rglasier@prtonmail.com

West Central Regional Senior Public Speaking

Hosted by Red Deer District

When: Saturday March 16, 2024 @ 1pm

Where: Cottonwood-Gordon Hall (West of Innisfail - 3005 Twp road 352,

Red Deer County)

Contact: Stacey Mathon at <u>dsmathon08@gmail.com</u>.

West Central Regional Intermediate Public Speaking

Hosted by Wetaskiwin District

When: Sunday March 17, 2024 @ 1pm, registration @ 12:30pm

Where: Wetaskiwin Moose Hall (4915 49 St.) Contact: Chris Patten at gpatten@xplornet.com.



WC Regional 4-H Light Horse Show

WHO: All 4-H Alberta Equine Project Members in Good Standing with

4-H Alberta.

WHAT: WC Regional 4-H Light Horse Show

WHERE: Westerner Park, 4847A 19 St, Red Deer, AB T4R 2N7

WHEN: May 31 to June 2, 2024

COST: \$10.00 per class OR \$50.00 entry fee (includes all horses entered per member) for the weekend. Up to 2 additional Horse Registrations are Free.

STABLING: \$30 per Stall - Only one horse per stall, maximum of 3 stalls per person (Space dependent). TACK stalls must be booked by your Club Leader at \$30.00 each.

PAYMENT: Members do not remit payment in the ORS registration. For registration and stabling fees, the members pay the Club directly, then the Club forwards the payments to the WC Regional Horse Committee, in one payment.

REGISTRATION: Two step registration this year - See ORS Program for additional Details.

CANCELLATIONS: Cancellations only accepted with a medical or vet certificate - No refunds without medical certification.

DEADLINE: Member ORS registrations and Entry Form Submissions due by Friday, March 31, 2024

All members are expected to clean out their stalls before they leave.

Any questions, or for more information please contact: Amy Belec wcr4hlhc@gmail.com, Home: 780-352-4820, Cell: 780 361-7503

West Central Regional 4-H Lighthorse Show



Registration Open!



Open to all 4-H Alberta Equine Project Members

Registration Deadline - March 31st, 2024 Register via your ORS member profile

Any questions can be directed to Amy Belec, Show Secretary - wcr4hlhc@gmail.com

Westerner Park, Red Deer AB May 31- June 2, 2024

Click image to view/download



WC Regional Multi-Species Judging and Consumer **Decision Making Competition**

Hosted by the Camrose 4-H District

WHERE: Enerplus Hay Lakes Multi Use Facility

WHEN: April 13, 2024

Please contact Tanya Reist with any questions at

camrose4hdistrict@4hab.ca.



Click image to view/download

Questions?

You will find many answers to your questions in the 4-H Reference Guide. If you can't find your answer, please contact your 4-H Alberta Area Coordinator, West Central Region, Isaiah King at acwestcentral@4hab.com.

For all regional news, click here

West Central Region Calendar

West Central Region Page

Northeast Region

NE Regional Council

ANNUAL GENERAL MEETING - Highlights

- Regional Council Meeting: April 13, 2024 at 1:00 pm. Watch for details.
- NE Region Is Seeking a Volunteer for the Award of Distinction Committee 3 year term Please contact Crystal at crystal.dechaine@4hab.com if you are interested.

NE Committee News

- NE Beef Committee Meeting: December 4, 2024: 7 pm via Zoom
- NE Horse Committee Meeting: TBD
- NE Female Beef Show Committee Meeting: TBD
- NE SALTT Committee Meeting: TBD

NE MEMBER PROGRAMMING

WATCH OUR NE FACEBOOK PAGE & YOUR EMAIL FOR MORE DETAILS

NE MEMBER PROGRAMMING

WATCH OUR NE FACEBOOK PAGE & YOUR EMAIL FOR MORE DETAILS

NE You Be The Judge: February 3; Vermilion College, Hosted by Minburn District

- 61 members participated in the event; 6 Lakeland College Judging Team Members assisted with the multi species learning components in the morning
- Thank you to Lakeland College, Lakeland College Judging Team and the Minburn District Organizing Committee and Volunteer for their support of this event.



Click image to view/download



Click image to view/download



Click image to view/download

NE Senior Member Camp: March 15 & 16; Bonnyville Ecole Notre Dame High School

- Hosted by the NE Region Senior Member Camp Committee
- If you would like to volunteer to help at this event, please email crystal.dechiane@4hab.com

NE Region Casino March 9 & 10

• Thank you Two Hills, Minburn and Wood Buffalo Districts for providing the volunteers this year

NE Regional Communications Competition: March 23; Hosted by Lac La Biche District

- Only first place winners in each category (Junior, Intermediate and Senior Speeches and Presentations can attend Regional Communications.
- If the District first place winner(s) cannot attend, then the second place may attend and if the second place cannot attend the 3rd place winner may attend.
 - Each District Communications Lead or President please email the NE Area Coordinator <u>crystal.dechaine@4hab.com</u> with your 1, 2 and 3 place winners as well as who will be attending the NE Regional Competition.

All those competing at the NE Regional Competition will need to register in the 4-H Alberta Online Registration System: https://www.4habregistration.ca/signin.





The Northeast Region Invites all 4-H Members to a



Beef Learning Day On March 24th, 2024 at the Vermilion Lakeland College Riding Arena

\$30 per member

1:00 - 4:00pm

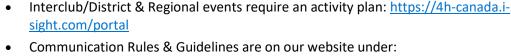
Registration deadline is March 15th, 2024

Minimum number of registrations required: 20 members

Grooming, Clipping and Judging



Click image to view/download



- Resources>Downloads>Presentations
- Resources>Downloads>Public Speaking
- Communication Generic Certificate can be found on the website under:
- Resources>Downloads>Certificate of Appreciation/Thank You Cards
- Link your dependants to your adult profile in the 4-H Online Registration (ORS) for easier access; Adult ORS Usermanual found under Resources > Downloads> Technology Tools
 & ORS User Guides (need an adult profile contact Crystal to be added as a Supporter to our Registration System)



For all regional news, click here

Northwest Region

NE Regional Committees

- NW Horse Committee Leslie Majeau lmajeau4@gmail.com
- **NW Beef Committee** Jocelyn Toronchuk djtoronchuk@gmail.com Meeting Zoom Link Mar 6 @ 7:00pm
- NW Judging Committee Colleen Whittal colleen.whittal@gmail.com Meeting Mar 19 @ Ramada Westlock
- **NW SALTT Committee -** Donna Zons donnazons@gmail.com Meeting Zoom Link - Mar 4 @ 7:00 pm
- NW Camp Committee Dorothy Carlson nicbar@telusplanet.net

July 6-7, 2024 NW Region Western Horse Show & Clinics @ Barrrhead Ag Barn

NW Regional IMPORTANT DATES:

March 1-3, 2024	NW Region Frosty Fun Winter Camp @ 4-H Centre Battle Lake
March 6, 2024	NW Region Committee Reports are DUE to pam.gitzel@4hab.com
March 9, 2024	NW Regional Communication Activity
March 16, 2024	NW Region Council Meeting @ Onoway Heritage Centre
March 16, 2024	NW Region Record Book Competition Results @ Onoway Heritage Centre
April 20, 2024	NW Region CDM & Livestock Judging Competition @ Barrhead Ag Barn April 27, 2024
April 27, 2024	NW Regional Fair @ Bon Accord School
May 20, 2024	NW Region English Horse Show @ Barrhead Ag Barn
June 28-30, 2024	NW Region Heifer Show @ Darwell

NW Regional EVENTS

NW Region FROSTY FUN Winter Camp: March 1-3, 2024



NW Regional Communication Activity: March 9th

*Members advancing from District to Regional Communications MUST REGISTER ONLINE > CLICK HERE

EAST DISTRICT COMMUNICATION

Hosted by Strathcona District

County of Strathcona (Sherwood Park)

County Community Centre 401 Festival Lane,

Sherwood Park

Arrive @ 10:45 am

Start @ 11:00 am until 5:00 pm

Light lunch & snacks available

Underground Parking is available for \$2.00/day or

Free parking outside

WEST DISTRICT COMMUNICATION

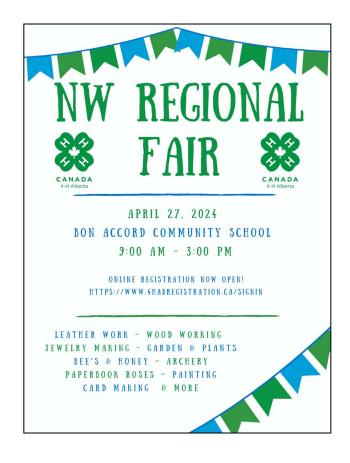
Hosted by Barrhead District

MTM Community Hall, Tiger Lily, County of Barrhead

Presentations Set Up @ 8:00-8:45 Start @ 9:00 am
Gluten/Lactose-Free Lunch @ Noon
Public Speakers/Judges Sign In 12:30-12:45 pm
Start @ 1:00 pm until 5:30 pm approx.
For Presentations, please bring laptop and download on a USB drive. Screen and Projector at Hall.

REGISTER ONLINE > https://www.4habregistration.ca/signin





Congratulations to the 4-H Scholarship recipients from the Northwest Region!

Northwest Region Scholarship
4-H Scholarship Recipients



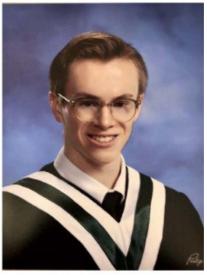
Jorja Werenka Lac St. Anne

Georgia Kaliel Westlock

Northwest Region Safety Scholarship
4-H Scholarship Recipients







Cierian Regenwetter Parkland

For all regional news, click here

Peace Region

Upcoming Dates - 2024:

March 23, 2024 Regional Communication Competition

Rycroft, AB

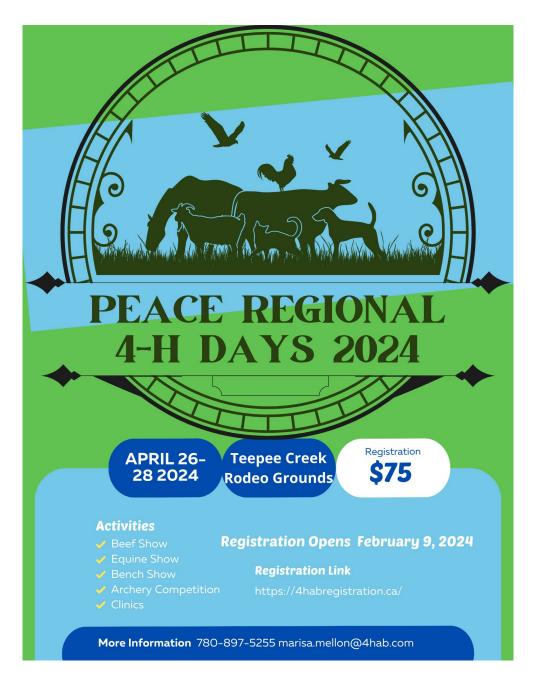
April 6, 2024 Peace Regional Council AGM Meeting – TBD

April 26-28, 2024 Regional Rally

Teepee Creek, AB

Reminders:

Interclub, District & Regional Events please remember to fill out an activity plan https://4-h-canada.i-sight.com/external-capture.



For all regional news, click here

Sponsors

Thank You

We would like to express our sincerest appreciation to our partners and supporters for their continued investment and support. Thank You! We could not provide first-class youth programs without your help!

Diamond Clover Sponsor



Emerald Clover Sponsors













Gold Clover Sponsors





Useful Links

4-H Alberta website link: 4-H Alberta For Registration login: 4-H Alberta Registration.

4-H Canada website link: 4-H Canada







